Welcome to the April 2013 North East Regional Newsletter, this edition is full of club news, good news, opportunities and development! Now the new regional league season is well underway, we have a lot to tell you!

Thank You!

The North East would like to say a HUGE thank you and goodbye to Joan Campbell, the Netball Development Officer for Northumberland who has recently hung up her bibs and put away her balls and cones, after 10 years in the role. In that time, Joan has made a significant impact on netball in Northumberland and the region as a whole. Creating new clubs and getting the existing ones through CAPS, as well as getting people Back to Netball, Joan has firmly put Netball on the map. However we are not losing Joan altogether, she will be working within Northumberland as a volunteer, and we are already looking forward to working with her in this capacity.

She undertook her job with great enthusiasm and always worked hard to deliver on her targets and deadlines. I’m sure everyone, in the region, and Northumberland will wish Joan well for the future, and will hope to see her around and about the region still involved in Netball.

In This Edition

- Regional League Update
- Back to Netball
- Goalden Globes
- NSL Phase 2 Fixtures
- And much much more!
Another fantastic (if cold) Regional League season has now come to an end, and with only the play offs left to decide next years standings in Division 1 and 2, we can certainly look back on this Regional League season, and deem it an overall success. Thank you to all teams who entered this year, and all the participants who spent numerous hours this season freezing in an exceptionally cold Blue Flames. Our thanks also go to all the umpires and Liz Barton Jones for ensuring that each game had umpires allocated. Lastly to the Competition Technical Support group, who ensure this competition continues to grow and improve as time goes by.

And now for the results….

### Division 1

<table>
<thead>
<tr>
<th>Team Name</th>
<th>Played</th>
<th>Won</th>
<th>Drawn</th>
<th>Lost</th>
<th>Goals Scored</th>
<th>Goals Against</th>
<th>Goals +/-</th>
<th>Avg Goals</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riverside</td>
<td>14</td>
<td>14</td>
<td>0</td>
<td>0</td>
<td>788</td>
<td>512</td>
<td>1.54</td>
<td>276</td>
<td>84</td>
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<td>Newcastle Uni</td>
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<td>9</td>
<td>0</td>
<td>5</td>
<td>678</td>
<td>503</td>
<td>1.35</td>
<td>175</td>
<td>62</td>
</tr>
<tr>
<td>Stadium</td>
<td>14</td>
<td>9</td>
<td>1</td>
<td>4</td>
<td>636</td>
<td>576</td>
<td>1.10</td>
<td>60</td>
<td>62</td>
</tr>
<tr>
<td>Oaksway</td>
<td>14</td>
<td>8</td>
<td>0</td>
<td>6</td>
<td>613</td>
<td>517</td>
<td>1.19</td>
<td>96</td>
<td>52</td>
</tr>
<tr>
<td>Boldon</td>
<td>14</td>
<td>6</td>
<td>0</td>
<td>8</td>
<td>594</td>
<td>677</td>
<td>0.88</td>
<td>-83</td>
<td>44</td>
</tr>
<tr>
<td>Grangetown</td>
<td>14</td>
<td>4</td>
<td>1</td>
<td>9</td>
<td>529</td>
<td>614</td>
<td>0.86</td>
<td>-85</td>
<td>35</td>
</tr>
<tr>
<td>Seatonians</td>
<td>14</td>
<td>3</td>
<td>0</td>
<td>11</td>
<td>447</td>
<td>580</td>
<td>0.77</td>
<td>-133</td>
<td>29</td>
</tr>
<tr>
<td>H.S.A</td>
<td>14</td>
<td>2</td>
<td>0</td>
<td>12</td>
<td>480</td>
<td>786</td>
<td>0.61</td>
<td>-306</td>
<td>20</td>
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</table>

***Penalties Applied - Please see Results Table***

Riverside Netball Club have ended the season as Division 1 champions, following a season where they remain unbeaten. Huge congratulations to all at the club, however I think all the other teams will be vying to beat you by the time next season comes around!

Newcastle University ended the season as runners up in the league, after some impressive displays of netball. As Seatonians and H.S.A ended the season down the other end of the table, they will now compete in the Regional League Play Offs to aim to maintain their position in Division 1.

### Division 2

<table>
<thead>
<tr>
<th>Team Name</th>
<th>Played</th>
<th>Won</th>
<th>Drawn</th>
<th>Lost</th>
<th>Goals Scored</th>
<th>Goals Against</th>
<th>Goals +/-</th>
<th>Avg Goals</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grey Hen</td>
<td>8</td>
<td>6</td>
<td>0</td>
<td>2</td>
<td>391</td>
<td>239</td>
<td>1.64</td>
<td>152</td>
<td>39</td>
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<tr>
<td>Gateshead</td>
<td>8</td>
<td>6</td>
<td>0</td>
<td>2</td>
<td>266</td>
<td>230</td>
<td>1.16</td>
<td>36</td>
<td>37</td>
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<tr>
<td>Riverside</td>
<td>8</td>
<td>5</td>
<td>0</td>
<td>3</td>
<td>331</td>
<td>262</td>
<td>1.26</td>
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<td>Hexham</td>
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<td>0</td>
<td>4</td>
<td>253</td>
<td>312</td>
<td>0.81</td>
<td>-59</td>
<td>27</td>
</tr>
<tr>
<td>Stadium***</td>
<td>8</td>
<td>5</td>
<td>0</td>
<td>3</td>
<td>342</td>
<td>266</td>
<td>1.29</td>
<td>76</td>
<td>26</td>
</tr>
<tr>
<td>Burnside</td>
<td>8</td>
<td>3</td>
<td>0</td>
<td>5</td>
<td>266</td>
<td>286</td>
<td>0.93</td>
<td>-20</td>
<td>25</td>
</tr>
<tr>
<td>Novos</td>
<td>8</td>
<td>3</td>
<td>0</td>
<td>5</td>
<td>309</td>
<td>306</td>
<td>1.01</td>
<td>3</td>
<td>24</td>
</tr>
<tr>
<td>Grangetown***</td>
<td>8</td>
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<td>0</td>
<td>4</td>
<td>200</td>
<td>190</td>
<td>1.05</td>
<td>10</td>
<td>17</td>
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<td>0</td>
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<td>8</td>
<td>194</td>
<td>461</td>
<td>0.42</td>
<td>-267</td>
<td>9</td>
</tr>
</tbody>
</table>

Division 2 saw Grey Hen come out on top of the league, and they will now go on to face H.S.A in the first of the Regional League Play Offs. A win will see them move up into Division 1. The runners up in Division 2; Gateshead will feature in the second play off game against Seatonians, again the result of that match, could determine how the divisions will look next season.

The play offs will take place at Blue Flames on April 20th 10:00am-11:30am.

Good luck to all teams taking part.

If you don’t already participate in the Regional League, but are interested in entering a team; please send a speculative email to; north.east@englandnetball.co.uk
With participation rates increasing and more women catching the netball bug, new groups are emerging all over the North East. Most recently a new session has started at Charles Thorp Comprehensive School in Ryton. A group of women from the area wanted to get back into the sport that they all loved at school. They contacted Fiona Johnson, their local Netball Development Officer to support the set up of the group. The group started in February and since then the numbers of women taking part has increased week on week. In order to financially support the set up of the sessions, the “Friends of Charles Thorp Comprehensive School” group donated £150 to help fund equipment and initial coaching costs to enable the group to get started. The ladies are hugely grateful to the Friends of CTCS for their donation. The group is now thriving and welcoming new members and the ladies have even played in their first Back to Netball festival which was run on Saturday 23rd March.

England Netball North East would also like to express their thanks to Friends of Charles Thorp Comprehensive School. Without their kind donation sessions such as this would not be sustainable, and these women would not have been able to go; #BacktoNetball.

**Back to Netball Session:**
Dunston B2N
Dunston Activity Centre, Gateshead
Monday: 6:00-7:00pm
Starts 18th April 2013
£3

**Back to Netball Session:**
Dunston B2N
Dunston Activity Centre, Gateshead
Thursday: 6:00-7:00pm
Starts 18th April 2013
£3

**Back to Netball Session:**
Stanley B2N
Louisa Centre, Stanley, Co Durham
Mondays: 6:30pm-7:30pm
Starts 15th April 2013
£2

**Back to Netball Session:**
B2N Walker
Walker Activity Dome
Thursdays: 6:30pm-7:30pm
£2
Back to Netball is continuing to go from Strength to Strength in the region, and a session in Stockton is no exception to this.

A session was set up at Northshore Academy in September 2012. A coach was provided by England Netball and over the 10 week programme it attracted more than 20 players aged 16+. One of these regular participants; Charlotte Wilkinson was really keen to keep the session going and put a lot of hard work into recruiting new players and looking for an alternative venue as the Northshore was due to undergo constructive work.

The players eventually found a venue; Red House School where they continued their training under the watchful eye of their coach.

Since the foundations of the session were established, they have now decided to become a club, and shall now be known as; Aston Ladies. They are looking to join leagues with South Durham and Cleveland at the start of next season and are a very friendly and proactive bunch of ladies who have also been successful with funding bids to help get the club started and sustainable. The ladies have now moved back to the North Shore Academy, where they hope to grow and develop within the academy’s brand new sports hall. If anyone is interested in joining this brand new team please contact South Durham and Cleveland Netball Development Officer Becky Robinson by emailing;

Rebecca.robinson@englandnetball.co.uk

Back to Netball Festival

On March 23rd the newly refurbished courts at Walker Activity Dome played host to their Back to Netball tournament, which proved a huge success not just for those taking part, but also for charity.

The tournament raised a fantastic £307 for Cancer Research UK. With all participants digging deep to help raise funds for England Netball’s charity partner.

8 teams took part in the tournament on the day, and they all had a fantastic time! The overall winners on the day were; Team W from North Tyneside. They were followed closely by TCC Comets from Sunderland and Hot Shots from Newcastle who took second and third place respectively.

Thanks go to all those who took part, as well as the Walker Activity Dome who offered reduced rates on their facilities to ensure as much money as possible went to charity.
Riverside NC

Riverside Netball Club held an Easter Raffle to help raise funds for the club. There were a whole host of Easter goodies to be won and many members within the club bought tickets and also helped sell them to others in the hope of winning a full bundle of Easter treats. The club did fantastically well and raised £300 from the sale of raffle tickets!

Morpeth Netball Club

Morpeth Netball Club held a club fundraising and awards evening on Friday 15th March. The night was full of fun and games, with a quiz, tombola and a raffle containing a whole host of different prizes. The awards were presented on the night by Northumberland Netball Development Officer; Joan Campbell, who kindly came along to join in the club celebrations, having worked closely with the club on their CAPS folder. Awards were presented to the following recipients:

- Junior Player of the year: Charlie Baxter
- Adult player of the year: Karen Hagerty
- Defender of the year: Nicola Lewis
- Attacker of the Year: Claire Mooney
- Shooter of the Year: Jenny Langdown
- Most Dedicated Member: Helen Leathard
- Most Improved Player: Nicky Charmichael
- Recognition Award: Louise Baxter

The club raised a total of £368 which will go towards new kit and equipment for the club. As well as helping towards the future development and success.

Morpeth always welcomes new members. If you are interested in joining a club, they train on a Monday evening 8-10pm at Morpeth Leisure Centre. They welcome people to pop down and join in!
With this year’s nominations now open, we are looking for the next inspiring coach, a leading official, or simply an unsung hero who has dedicated their time tirelessly to the sport we all love. The following categories are now available for you to send in those nomination forms. Last year was a huge success, with more nominations received than ever before, and a fantastic Goalden Globes celebration event to celebrate all the great achievements from netball within the region, it really was a great year, and we’re hoping this year, we can make it even better:

**Nomination Categories:**

- **Coach Award**– Outstanding contribution to netball club coaching.
- **Officials Award**- Outstanding contribution to netball officiating as a volunteer for a minimum of 3 years.
- **Muriel McNally**– Outstanding contribution to netball delivery through administration coaching or at grassroots level for a minimum of 10 years.
- **Mary Bulloch Administrator**– Outstanding contribution to netball delivery through administration for a minimum of 3 years
- **Netball Teacher Award**– Outstanding contribution to netball through delivery in the education environment.
- **Young Volunteer**– Outstanding contribution to netball as a volunteer under the age of 25.
- **Unsung Hero**– Outstanding contribution to netball through the delivery of club netball– minimum of 5 years in a club capacity
- **Outstanding Netball Club**– Presented to a netball club who has made an outstanding contribution within their community– Must hold CAPS.
- **Rose Award**– Individual or organisation who has made a significant contribution in the last 12 months,
- **National Long service**– Must be affiliated and have 25 years volunteering experience.
- **North East Lily McGurk Award**– North East specific award for commitment and dedication.

Nominations are now open for this year’s competition .... So we want to hear from you, if someone you know is deserving of one of England Netball’s prestigious awards then make sure you submit a nomination for TODAY!

To obtain a nomination form please email; north.east@englandnetball.co.uk or www.northeastnetball.co.uk
Laura Brady, a player and volunteer at Riverside Netball club, has not just been keeping her volunteering within the region. Laura has been volunteering her time and knowledge at a number of different national netballing events. Laura only became involved in netball from the age of 13, but has since gone on to join the England Netball ‘Pass on your Passion’ programme which is aimed at getting young people volunteering within the sport. Since joining this Laura has worked at numerous test matches in a variety of different roles. At last year’s test series against Jamaica; Laura’s primary role was as ‘Ball Girl Coordinator’. This ensured she was close to the players, met other people with common interests, but most importantly got a good view of the game!

As we are all aware, England beat Australia 3-0 in the recent test series, and Laura got to be part of it! She undertook 2 roles during the series, one as part of the event crew, and another interesting and varied role as a media hostess. As event crew, Laura was part of the venue set up team, this included; organising the selling of programmes, setting up the team changing rooms, and also making sure the ice baths were perfect for the players coming off court (See picture below). As media hostess, Laura got to rub shoulders with some of the hot shots of England Netball and also gained a greater understanding of how the sports media operates, and how sport reporting works.

Looking to the future, Laura is looking to become more involved in netball, not only as a player and volunteer, but also as an umpire; she is currently training for her C Award and will also complete her UKCC Level 1 certificate in coaching. We wish her the very best of luck with everything, and she hopes to inspire more young people to join the Pass on You Passion Programme.

Pass on Your Passion

Bought to you by the England Netball Youth Advisory Group the ‘Pass on your Passion’ programme aims to recognise the countless number of young volunteers in netball. It aims to provide you with opportunities, ideas and rewards to help you on your leadership and volunteering journey. No matter what your role in netball, we want you to Get Involved and Get Recognised.

It’s time to share your passion with other young people, so register now and get volunteering!

It is for every young person aged 12 - 25 that is actively volunteering in netball whether that’s as a coach, official, committee member, event helper, school team helper...the list is endless!

For more information on Pass on Your Passion, please email; liz.barton-jones@englandnetball.co.uk
Come and watch Team Northumbria Netball Superleague at Sport Central

Team Northumbria v Loughborough Lightning
Saturday 13th April 2013– Doors open 17:30 for 18:00 start time.

Team Northumbria v Manchester Thunder
Monday 22nd April 2013– Doors open 18:30 for 19:00 start time

Team Northumbria v Yorkshire Jets
Friday 3rd May 2013– Doors open 18:30 for 19:00 start time

On Friday 8th March Tyne Wear County Netball Association hosted a race night at Blue Flames Sporting Club to celebrate the end of the 2012/2013 winter season. The division winners were awarded bar vouchers; which I’m sure they put to good use! 8 horse races were enjoyed, bets were kept small, and no one went home without a smile! 65 people attended the event which was meant as a social celebration evening to conclude their season, and reward the hard work and dedication all the players had put in over the course of the season. Tyne Wear County Netball Association are looking to hold similar events to this in the future, so make sure you get involved! It is great for bringing everyone together away from the competitive atmosphere of the courts!
A Satellite Festival was held at Durham High School for Girls on Sunday 24th March. It saw players from across South Durham and Cleveland, North Durham and Durham City come together to celebrate the end of their academy season. Over 60 girls attended the event and with clever thinking and preparation going into the event, each team was named after one of our very own Team Northumbria Superleague players! Each team was made up of a mixture of all the academy players as it gave them the opportunity to play alongside new people as well as compete against those they normally call team mates.

Overall the girls all had a fantastic day, a lot of netball was played, new skills were developed and everyone gained something new from the experience. The winning team on the day was TEAM EWING!

Congratulations to all the girls for taking part, as well as a huge congratulations for the whole season. It has been fantastic to see the way in which each participant has grown and developed new techniques over the course of the season, and we hope that you continue to participate in netball and be the best that you can be! You never know... a satellite festival team might be named after you one day!

This year’s County Festival was held at Northumbria University within Sport Central. 76 participants entered this years competition and were divided into 7 teams. Each team was represented by a colour, and wore a t-shirt to highlight that.

In a format similar to that of the Satellite Festival, participants from all counties of the region were mixed together in order for participants to play alongside different team mates and gain different experiences. After 7 rounds of strong competition, there wasn’t much to choose between the teams, and it came down to the final round of competition, with team dark blue and team grey. After claiming a win in their last game, and ended the competition undefeated, Team Dark Blue came through as the eventual winners of the tournament, with Team Grey claiming the second spot.

All the girls had a fantastic day, if albeit a tiring day! Our thanks go to all the participants who took part in the tournament, and their parents who came to support and watch, We would also like to thank all the volunteers who attended on the day, in order to make it a success; so our thanks go to the coaches, umpires, scouts, scorers and those who helped to run the table. Event such as this, would not be possible without your support.
Safeguarding

England Netball is firmly committed to creating and maintaining a safe and positive environment for all young people to play netball. It accepts its responsibility to safeguard the welfare of all young people and protect them from poor abuse and bullying. With this in mind, England Netball have developed a safeguarding and protecting young people in netball policy, procedures and guidelines that applies to all individuals involved in netball whether in a paid or voluntary capacity. England Netball recognises that everyone has a responsibility to safeguard and protect all young people. The England Netball Good Practice Guide—Now downloadable as a whole booklet or in separate sections. Please visit the England Netball website to download the booklet or alternatively send an email to bsafe@englandnetball.co.uk.

The region now also has Be Safe cards to distribute to Junior Players around the region. If you are interested in receiving these for your junior players, please do not hesitate to contact the regional office either by email; north.east@englandnetball.co.uk or by phone; 0191 261 4116. Please state how you many you wish to obtain, and they will be sent out to you free of charge.

Dates for the Diary

May:

11th/12th
National u16 Club FINALS– Sport Central, Northumbria University

25th/26th
National u14 Club FINALS– Redbridge Sports Centre– Essex

July

6th/7th July
Regional Academy Screening u15/u17– Gateshead Stadium

14th July
North East Netball Annual General Meeting– Venue TBC.

August

19th August
Vicki Wilson Shooting Clinic– Sport Central