

North East

Netball Coaching Newsletter

Welcome to the first North East Netball Coaching Newsletter from the Coaching Technical Support Group

This newsletter has been bought to you by the Coaching Technical Support Group, with the aim of keeping you up to date with all the relevant coaching news from around the region, as well as ensuring you as coaches are being offered the very best opportunities to help you progress and develop.

Advance NOTICE

The North East are delighted to announce that Maggie Jackson and Amanda Newton will be visiting the region on January 19th 2013 to deliver a day long coaching and scouting seminar. This is a fantastic CPD opportunity for all coaches, and a chance to engage with and learn from the best. The content of the day is still to be confirmed, but this is surely one event you will not one to miss, keep your eyes peeled for further information which will be announced in due course.

Should you wish to get in contact with the Coaching TSG, please email;
north.east@englandnetball.co.uk



ISSUE 1

NSL Fixtures- Phase 1

The fixtures below are for Team Northumbria's home fixtures for Phase 1 of the FIAT Netball Superleague. All these fixtures are played at Sport Central We hope to see you all there, watching top level netball, and using your coaches eye to watch and analyse the games! Please note that these fixtures have been re-leased by England Netball, but are subject to changes.

Team Northumbria Home Fixtures:

11th February 2013:

TN v Loughborough Lightning– 8pm

23rd February 2013

TN V Yorkshire Jets– 6pm

2nd March 2013

TN V Mavericks– 6pm

23rd March

TN V Northern Thunder



Further information on fixtures and tickets will be released in due course, but we will always update you of any changes!

The Coaching Technical Support Group, want to ensure that coaches in the North East are getting all the help and support possible, in order to help them develop and progress. Therefore if you have any ideas you wish to share with us, as to how to help, please do not hesitate to get in touch. The best way to do this, is by contacting the regional office on;

north.east@englandnetball.co.uk. We like hearing feedback, and will ensure we can give you the best possible opportunities.

The region can also be found on twitter and facebook, these are both updated on a regular basis with all the news and information you need. So please check out the twitter @NE_Netball and the facebook; North East Netball.

UKCC Progression

If you are a club coach with a current UKCC qualification and are looking to achieve the next level of coaching, then this may be for you. With rising living costs, CPD can often take a back seat. Therefore the coaching Technical Support Group have come up with an initiative that may help you. If you are keen to progress, but need financial assistance, then please do not hesitate to write a letter of intent to the support group. This letter of intent, will be reviewed, and where appropriate, financial assistance will be granted. The group will only consider letters which portray the intentions of the coach, for example, how you will use the qualification within your club coaching, and how you could help within the region. If you are interested in submitting a letter, this should be sent to the Regional Office clearly marked FAO The Coaching TSG

England Netball
6 North Street East
Northumbria University
Newcastle upon Tyne
NE1 8ST

Coach Observation

In order to progress within coaching, it is important to observe others and learn from the work they do, the sessions they deliver and how they deliver them. Therefore an opportunity has arisen to observe coaches at NTL level, Regional Academy and Regional Development. This is a great opportunity to discover more about performance development coaching, as well as understanding how coaches work to progress participants and keep them engaged and sustained on the Excel Pathway.. The sessions detailed below, have

now been set up for the new season. If you would be interested in attending any of these sessions, and observing the coaches at work, please email; north.east@englandnetball.co.uk. Within this email please state which session you'd be interested in observing, along with your current level of coaching experience.

Please note that the NSL sessions will remain as closed sessions, but this may be subject to change if specific interest is shown in that area, but will then be at the coaches discretion.

Regional Development

- Barbara Brown
- Josie Pointon

Regional Academy

- Victoria Burgess
- Bev Linighan

NTL

- Victoria Burgess
- Gill Foreman

NSL

- Lisa Stanley
- TBC

Other Coaching News

Level 2 Upgrade

By 2015 everyone who has the old Level 2 coaching qualification will need to upgrade to the new UKCC qualification format, or their existing qualification will become void. In order to prepare for the upgrade course, The Region are wanting to hold a short informal meeting, which will help you to understand the importance of the upgrade course, as well as learning a little more about the course content. This session will be run by Anita Navin, who has extensive experience in this field, and will be able to accurately deliver all the information you need. As this is an important and necessary upgrade, it would be beneficial to attend a meeting of this kind.

As yet no date has been set for this meeting, but please register your interest in attending by emailing; north.east@englandnetball.co.uk.



Coaches Corner

Anita Navin – Chair of the Coaching TSG welcomes you to the coach corner and this month there is a focus on the defence of the centre pass.

Tips:

When working with players on the defensive options at the centre pass it is useful to show them a visual of the varying methods

Ensure the attack use a variety of set ups to allow the defence to adjust and change their tactic (i.e. the set up they use)

Allow time for player discussion in defensive units to support the learning process

Look at the first phase of defence (i.e. first pass) and then focus on the second phase (2nd ball)

A coach should try and ensure the defence evaluate their opposition in a practice and can readily communicate what their opponent does well and not so well when getting free?

Keep the sessions fun and active at all times 😊

Please see separate email attachment for details on Defensive Team Play.