



June 2012

Welcome to the June 2012 North East Regional Newsletter, this edition is full of club news, celebration and success for people within the region. Read on to find out more!

Back to Netball Announcements:

There is some exciting developments taking place within the Back to Netball world. With new sessions starting, and a number of tournaments taking place over the summer, there's no need to be bored.

Sessions starting in June are as

follows:

**Wednesday 13th June 6-7pm
Southwick Primary School. Shakespeare S, Southwick, Sunderland, SR5 2JX.**

Chopwell Centre for Sport (formally pioneer centre), Derwent Street, Chopwell, Newcastle

Don't forget to join us on Facebook and twitter. Both contain regular updates on what is going on in the North East world of netball.

Facebook: England Netball North East.



Twitter: @NE_Netball

You can also use these to communicate with us. If you have any news, views or simply want to get in touch, then drop us a tweet or a Facebook message!

In This Edition

- Hours and Hours of Netball
- The North East have been celebrating
- Clubs update
- And more....



Dates for your Diary

- North Durham Trials– 8th July
- Back to Netball Tournament– 14th July; Newcastle upon Tyne
- RMB Meeting– 18th July; Northumbria University
- Back to Netball Tournament– 2 August; Louisa Centre, County Durham

Northumbria Universities

24 Hours of Netball...

On 30th May 2012, A team of students from Northumbria University undertook 24 hours of Netball to raise money for the Zambia IDEALS Project.

When Northumbria Student Josie Pointon came up with the idea of a 24 hour netball match, did she really know what she'd conjured up? Following 24 hours of netball, no sleep and a body that couldn't move anymore, would she do it all over again? Well with plans to make it an annual event, I think the answer is yes!



With a 'Core' team of dedicated mixed netballers, and people dropping in to play when they could, the whole event was planned with incredible precision. Alongside the netball, cakes were sold, and a raffle held in order to generate more money for the Zambia IDEALS project. As Northumbria University is part of the Wallace Group of Universities, these six universities; Northumbria, Loughborough, Bath, Durham, UWIC and Stirling, have all been brought together to work on strategic international sports development projects. The Zambia IDEALS project is one of these projects, and along with Josie, 4 other Northumbria Students; Tom Bodley, Reece Chapman, Danny Cousins and Luke Wilson and a member of Team Northumbria staff have headed out to Zambia, embarking on a 6 week placement, which will see the volunteers engaging in a range of activities focusing on the engagement of young people through sport.

Also helping out at the event were the North East's very own Riverside Netball Club and Concordia Netball club, who popped down to give some tired feet a rest, as they took over the action on court. But as the clock struck 11pm and the rest of Sport Central shut to the public the core team were left to battle it out through the pain and tiredness to reach their 7am target... And then it was off home to bed for a well deserved rest!



The 24 hour netball match helped to raise £1700 for the IDEALS project, and that figure is still growing. If you would like to donate to this cause, or would like to find out more about the Zambia IDEALS project, please visit; <http://nusportcentral.com/community/zambia-ideals-project> or to donate visit; www.justgiving.com/josiepointon

The Core Team

Zambia Students

- Josie Pointon
- Tom Bodley
- Reece Chapman
- Danny Cousins
- Luke Wilson

Northumbria Students:

- Gemma White
- Alex Payne
- Amy Garrett
- Beth Johnson
- Leah Kennedy
- Amie Brown
- Rachel Hughes
- Ellie Eckart

- Mel Price
- Stephanie Bramwell
- Lucy Newton
- Hannah Brown
- Helen Jane Robson
- Alex Cook
- Sally Wilson
- Emma Hook
- Jenny leach

- Daisy Bedford
- Sophie De'bank
- Naomi Herbert
- Emma Hillitt
- Katie Knibbs
- Emma Gibson
- Sadie Robson

Staff:

- Jen Rudin
- Stephanie Romero
- David Jones– Northumbria Graduate

Durham Universities

72 Hours of Netball....

Following the efforts of Northumbria University, we had another mammoth netball match to unravel before our very eyes, as Durham University Netball Club set about with the aim of completing a record breaking 72 hours of Netball, again with all the proceeds going to charity.

So June 5th soon arrived, with the girls prepped and ready, the teams had been selected, sponsors in place, and a whole host of volunteers ensuring that everything went to plan, the girls set off at 12pm, with world record signs in their eyes, and complete enthusiasm for what they were doing... Little did they know of the complete range of emotions they would experience during their time together in the Sports Hall at Maiden Castle. That sports hall which quickly became home for those girls!!

During the 72 hours 'The Sleeping Area' became the girls idea of heaven, pizza deliveries became essential, and the encouragement wall became their shrine! I think it is safe to say, that the girls went through every emotion possible, from happiness to hysteria and excitement to excruciating pain.

The girls were raising money for a number of different causes; Help for Heroes (50%), Team Durham Zambia Project: Sport in Action (25%), and Durham University Netball Club (25%).

The final score was 3414-3560, the girls have raised a lot of money for these very deserving charities, however the final total is yet to be announced, and with the girls now waiting nervously to discover if their world record is validated, we are all keeping our fingers crossed! This event would not have taken place without the dedication of netball volunteers within the region, so a massive thank you goes to them!

The Teams

Black Team

Liv Hovington
Emily Green
Beth Thomas
Kath Hill
Maxime Rowson
Alex Austin
Clare Henry
Martha Betterton
Phoebe
Katie Worthers
Rosie Jacot



Purple Team

Marie Ewing
Caroline Park
Tash Barrington
Anna Coveney
Alice Norbury
Stevie Ing
Tash Bott
Natalie Connor
Rachel Ashworth
Charlotte Ody
Erin Bamber



North East Netball Celebration Event 2012

With a record number of Golden Globe nominations received this year; trebling the amount received in 2011, and with so much to celebrate within the region, it was decided that honouring our Golden Globe winners should be conducted in a slightly different way... Cue the balloons, food and music!

On June 21st the North East celebrated all that was great about Netball with an evening celebration event held at As You Like It in Jesmond. With the evening kicked off thanks to a speech from current Regional Chair Liz Barton-Jones, it was time to award the winners. Each winner received, a trophy, certificate and a voucher which entitled them to a 15% discount with Kurki. The winners received their awards from Anita Navin, a regional board member, and well known figure within England Netball. Our regional league winners were also presented, and Grangetown Netball Club received a special prize to celebrate their promotion into Prem 2. With the awards over, a raffle was drawn with Team Northumbria Head Coach; Lisa Stanley taking home the pick of the prizes!

The event also contained a very special guest of honour; An Olympic Torch! Denise Egan, who was nominated to carry the torch in Durham brought it along and displayed it, in all of its glory! With pictures of the torch, food in their tummies, and music ringing in their ears, all those who attended seemed to enjoy themselves! And even the venue bar staff got in on the act with the Olympic Torch! If you attended this years event, and have any photos or feedback you wish to submit, please do not hesitate to contact us; north.east@englandnetball.co.uk. We would love to hear what you thought of the event. We will be looking to make it an annual event, and hope to make it bigger and better in the coming years. However for now please turn over for full details of our Golden Globe winners, and watch this space for next years event!



And the Winners Are...

Netball Teacher Award:

SARAH HANSON

Officials Award:

IRIS RITSON

Muriel McNally Award

BERNIE BELL

Outstanding Netball
Club:

SEATONIANS

Coach Of The Year:

KAREN THOMPSON

Mary Bulloch

Administrator Award:

Liz Vuyk

Young Netball

Volunteer:

LAURA BRADY

Lily McGurk Award

Liz Barton Jones



CLUBS UPDATE

Regional League

With the Regional League now completed for the 2011/2012 season we have our winners! It has been a busy season, with lots of hard fought matches and close results. However in Division 1, the eventual winners were Gateshead Stadium with Riverside taking the second spot. In this years Division 2 we again witnessed high levels of competition, players working hard and coaches delivering instructions from the start of the game to the end. This year Newcastle University were crowned division 2 champions, with Riverside clinching the second spot. With the season over for another year, it is time to say a massive thank you, to all the players, coaches, umpires and volunteers who work hard to ensure the league runs so smoothly and effectively. With expression of interest forms now coming in for the 2012/13 season, we are sure that the league will continue to grow and will be bigger and better than before.

CAPS

Congratulations to Wansbeck Netball Club and Hexham Netball Club who have both recently passed their Bronze CAPS assessment. A lot of hard work and effort goes into producing a CAPs folder for submission so Congratulations to them, and also to the Northumberland NDO, Joan Campbell who worked alongside the clubs to get the folders ready.



Regional Clubs Competition

Under 14s

This years under 14s national clubs was held all the way down in Bath, a long trip for both Oaksway and Riverside who had qualified for the competition, and acted as representatives from the North East. 18 clubs were their in total, with the previous years winners not in attendance, the trophy was strongly contested.

After two days of competition, our teams couldn't avoid playing eachother in the play offs, and after a hard fought contest Oaksway beat Riverside 14-7 to secure themselves 15th spot overall with Riverside in 16th. The girls took valuable match play and tournament experience from the weekend, and will endeavour to use that in the future to improve their skills and knowledge of the game.

Under 16

This years under 16s competition took place in Norwich, another long trip for the girls of Oaksway and Riverside. After another two days of competition Oaksway held a firm 15th place with Riverside in 18th. The competition was tough, but it has only made the girls more determined!



Team Northumbria NTL
Performance camp
2012

**Team Northumbria NTL
Performance Camps
Age 16-19years**



**July 23rd 24th 25th
&
August 20th 21st 22nd
10:00am—16:00pm**



Camp Details:

Skill Development
Match Play

Strength & Conditioning
100%Me Workshop
Nutrition Workshop

Prices: Camp 1 (July) = £30pp

Camp 2 (August) = £30pp

**Discount price for both
camps:
£50pp**

Places on the camps will go fast so please get in touch as soon as possible.

To request a registration form for the NTL Performance Camps please contact:

Victoria Burgess

**Regional Excel Coach North
East**

Victoria.burgess@englandnetball.co.uk

07894620596



C Award Umpire Course

Date: Sunday 15th July 2012
Time: 11.00am till 5.00pm
Cost: £33.50 per person including resource pack
Venue: Rye Hills School, Redcar Lane, Redcar, TS10 2HN
Tutor: Di Mercer

To book: Contact Becky Smith
Telephone: 07545924956
Email: Becky.Smith@englandnetball.co.uk

Outline of course:

To be able to apply the rules and control the game by:

- Penalising correctly obvious infringements of the rules
- Correct use of whistle, voice and terminology
- Positioning and Movement
- Appearance and Manner
- Identifying the requirements for the C Award test to include competencies
- To prepare the candidate for the test

****Please bring a whistle and be appropriately dressed to undertake the course****

New Courses for 2012/13

Level 1

**Dates: 9th & 10th February,
2nd March 2013**

Venue: Centre for Sport

West Road

Newcastle upon Tyne

NE4 9LG

Cost: £170 (Affiliated)

£200 (Non-affiliated)

Level 2

**Dates: 6th, 7th, October,
17th & 18th November,
15th December 2012**

Venue: Gateshead College

Academy for Sport

Gateshead Stadium

Neilson Road

NE10 0EF

Cost: £360 (affiliated)

£395 (Non-affiliated)

Safeguarding

England Netball is firmly committed to creating and maintaining a safe and positive environment for all young people to play netball. It accepts its responsibility to safeguard the welfare of all young people and protect them from poor abuse and bullying. With this in mind, England Netball have developed a safeguarding and protecting young people in netball policy, procedures and guidelines that applies to all individuals involved in netball whether in a paid or voluntary capacity. England Netball recognises that everyone has a responsibility to safeguard and protect all young people. The England Netball Good Practice Guide—Now downloadable as a whole booklet or in separate sections. Please visit the England Netball website to download the booklet or alternatively send an email to bsafe@englandnetball.co.uk.

The region now also has Be Safe cards to distribute to Junior Players around the region. If you are interested in receiving these for your junior players, please do not

hesitate to contact the regional office either by email; north.east@englandnetball.co.uk or by phone; 0191 261 4116. Please state how you many you wish to obtain, and they will be sent out to you free of charge.



Netball NEEDS YOU!

Back to Netball has been nominated for a National Lottery Good Causes Award, and your vote could help us win... So read on to find out how you can make the difference...



England Netball is thrilled to announce that our Back to Netball initiative has been shortlisted for a National Lottery Award in the Best Sports Project category. Over 500 schemes were nominated and we have made the top ten and reached the semi-final stage and now is the chance for you to get involved and vote!

The Awards are an annual search to find the UK's favourite Lottery-funded projects, and they recognise and celebrate the difference that Lottery-funded projects make to communities across the UK. At the semi-final stage, the chance to pick a winner is placed into the hands of the general public as the top ten sport projects are opened to be voted through to the final three. Lines and votes are then set to zero and the three finalists will then battle it out for the top award through another set of votes with the winner to be announced on the BBC's The One Show in early November.

Back to Netball has been a fantastic success and we have welcomed over 20,000 women back into our wonderful game since it's national implementation in 2010. In year one of the Active Women project, 3354 women from deprived areas and/or caring for children U16 have come Back to Netball, superseding the annual project target by 954. There are countless case studies that highlight the impact that Back to Netball has had on a local women's life including overcoming adversity, weight loss, reuniting communities after the riots and mentoring young people through qualifications that has led to longer term employment.

Voting for the finals is now live and ends **at midnight on Sunday 22 July**. To vote for Back to Netball, you just need to head to the following link. It takes about three seconds – as long as you have to pass a netball!

<http://www.lotterygoodcauses.org.uk/project/back-netball>



UKCC Courses

The next courses coming up in the North East region...

UKCC Level 1

Dates: 9th and 10th February and 2nd March

Venue: Centre for Sport

West Road

Newcastle upon Tyne

NE4 9LG

Cost: £170 for affiliated members

£200 for non affiliated members



UKCC Level 2

Dates: 6th, 7th, 17th, 18th October and 15th December

Venue: Gateshead College Stadium

Academy for Sport

Neilson Road

Gateshead

NE10 0EF

Cost: £360 for affiliated members

£395 for non-affiliated members

To Book

To book either of these courses above, please refer to the following website; www.englandnetball.co.uk. There is a link to 'getting involved and Coaching' follow that to access a booking form and then return it to EN Head Office. For further information, please email; north.east@englandnetball.co.uk

