Tyne and Wear County Netball Association - County Committee

Chairperson	Kerry Lessels
chairperson@tyneandwearnetball.net	
County Secretary	Sarah-Jane Cross
secretary@tyneandwearnetball.net	
Treasurer	Linda Hall
Treasurer@tyneandwearnetball.net	
Affiliations Secretary	Katie Woodward
affiliations@tyneandwearnetball.net	
Competition Secretary	Liz Wisniewski
competition@tyneandwearnetball.net	
Competition Referee – County Leagues	Cat Witty
competition.referee@tyneandwearnetball.net	
Coaching Secretary	Mark Scott
coaching@tyneandwearnetball.net	
Officiating Secretary	Helen Emmerson
officiating@tyneandwearnetball.net	
Performance Secretary	Deborah Percy
performance@tyneandwearnetball.net	
Publicity Secretary	Vacant
publicity@tyneandwearnetball.net	
Schools Secretary	Liz Brown
schools@tyneandwearnetball.net	
Youth Secretary	Charlotte Simpson
youth@tyneandwearnetball.net	



www.tyneandwearnetball.net

England Netball Contacts		
	Address	Contact Details
England Netball	Sport Park 3 Oakwood Drive Loughborough LE11 3QF	Tel: 01509 277850 info@englandnetball.co.uk Office Hours: 09.00 - 17.00 Mon to Fri www.englandnetball.co.uk
Regional Co-ordinator NE: Rachel Barr	England Netball North East Regional Office, Northumbria University, 5 Ellison Terrace, Room 317, Ellison Place, Newcastle upon Tyne, NE1 8ST	Tel: 0191 2614116 Mobile: 07818 036792 northeast@englandnetball.co.uk www.northeastnetball.co.uk
Netball Development Officer - Tyne & Wear /North Durham Fiona Holden	Regional Office (address as above)	<u>Fiona.holden@englandnetball.co.uk</u> Tel: 07545 924 995
Newcastle NDCC: Gemma Sandberg	Active Newcastle Lynnwood BDC, Fenham, Newcastle upon Tyne, NE4 6UL	Tel: 07872 407220 gemma.sandberg@englandnetball.co.uk



Dates for your Diary

Event	Date	Venue
NE Region U14 Entry Tournament	30th September	Beacon of Light
NE Region U16 Entry Tournament	14th October	Blue Flames
T&W County Schools Round	10th November	RGS, Newcastle
2019		
Superleague starts	5th January	
T&W General Meeting	Thursday, 10th January	Blue Flames
International Quad Series	13th to 18th January	Various
Regional round of National Schools	26th & 27th January	Tbc
T&W Spring League starts	4th or 11th March	Blue Flames
Netball Europe Under 17	8, 9, 10th March	Tbc
National Schools Finals	16th March	Tbc
U14/U16 Nationals Qualifying	30th March	
Premier League Play Offs	27th & 28th April	Tbc
National Under 16 Clubs Finals	4th & 5th May	Tbc
Netball Europe Open	10, 11, 12th May	Tbc
National Under 14 Clubs Finals	25th & 26th May	Tbc
North East Awards Nominations	May / June	
T&W Spring League completes	12th July	Blue Flames
Netball World Cup	12th to 21st July	Liverpool
T&W Annual General Meeting	Wednesday, 24th July	Blue Flames
NPL U15/U17/U19 Competition	25th to 28th July	Tbc

Dates correct at time of printing – please double check in case of changes!



Senior Club Contacts

Club	Secretary	Contact	Training Night & Venue	Kit Colour
7 Four 7	Kelly Galloway	07792 066840		Black, Red
Alexandra	Zena Henderson	07717 763069		Black, Pink
Astley	Julie Patterson	07810 640419	Thursday, Cramlington	Navy, Azure Blue
Beacon	Claire Scragg	07960 054991	Monday 6 – 8pm Marden Bridge Sports Centre	Black, Lilac, White
Blue Flames	Kerry Guy	07576 874004		Navy, White
Burnside	Margaret Chambers	07968 193496	Monday 7 – 9pm Churchill CC	Navy, Red
Chopwell	Eylaeka Sibley	07817 162002		Black
Cobalt	Caitlin Avery	07791 383849	Tuesday Hadrian Leisure	Blue, Yellow
Concordia	Julia Edwards	07964 420847	Tuesday, Concordia	Purple, Green
Denton Park	Leanne Weatherburn	07835 753511		Navy, Lilac
Durham Palatinates	Ailsa Johnson	07885 410825	Wednesday, Durham	Purple
EY	Claire Lillie	07843 305559	Tuesday 7 – 8pm All Saints School	Grey, Yellow
Freeman Knights	Katie Lovell	07507 684466	Tuesday 7 – 8pm All Saints School	Navy, Red
Fusion	Amy Kirsopp	07881 291943		Black, Pink
GALS	Michelle Scott	07787540804	Wednesday, St. Mary's	Black, White
Gateshead	Jan Adams	0191 4775185	Tuesday 7 – 9pm Gateshead Leisure Centre	Blue, Pink
Gateshead Angels	Laura Hanson	07748 985863	Tuesday 6 – 7pm Gateshead Stadium	Black, Pink
Gosforth	Tracy Richardson	07712 351869	Tuesday 7:30 - 8:30pm Blue Flames	Purple

Club	Secretary	Contact	Training Night & Venue	Kit Colour
Great Park	Hannah Slack	07815 958953	Thursday, Kenton School	Black, Blue
Greencroft	Katie Woodward	07854 790519	Wednesday 7:30 - 9.30pm North Durham Academy	Black, Pinl
Jesmond	Fiona Daglish	07975 836680	Monday St. Mary's School	Purple, White
KATS	Lorna Banner	07903 938501		Black, Blue
Medics	Grace Anderson	07756 928229		Blue, White
NESLC	Emma Dawson	07734 433993		Black, Pink
NT Unison	Liz Wisniewski	07938 907255		Black, Gree
Newcastle City	Anna Barnes	07787 194227		Navy, Whit
Newcastle Storm	Amanda Brown	07500 221610		Navy, Purpl
Northern Stars	Alison Hall	07977 759994		Black, Pink
Northumbria Police	Jennifer Donachie	07817 832129		Navy, Purpl
Novos	Gill Mason	07939 614423	Monday 5 – 9pm Heaton Manor School	Red, White
Prudhoe	Sue Henderson	07582 225088	Wednesday, Prudhoe	Black, Red
PWC	Jenny Cousins	07890 265940		Purple, Gre
P & G	Laura McCallan	07740 354053	Monday, St. Mary's	Teal
Riverside A,B,C,E	Kate Barker	07793 366668	Tuesday Newcastle High School for Girls	Navy, Baby Pink
Riverside D,F,G,H	Lynne Booth	07834 853826	Tuesday Newcastle High School for Girls	Navy, Baby Pink
Ryton	Fern Coulson	07808 162291	Thorp Academy	Navy, Pink
Sage	Claire Allsop	07748 097600		Dark Greer White

Club	Secretary	Contact	Training Night & Venue	Kit Colour
Sandyford	Sarah Johnson	07711 582127		Navy, sky Blue
Seaton Burn	Claire Blair	07765 406141	Tuesday 7:30 – 8:30pm Seaton Burn High School	Blue, Black
Seatonians	Rachel Cassidy	07876 407041	Tuesday 7 – 9:30pm Whitley Bay High School	Navy, Pale Blue
Stadium	Jo Macleod	07715 530894	Monday 7 – 9 pm Gateshead Stadium	Green, Yellow
Stanley Thunder	Louise Hurst	07967 949911	Monday, Stanley	Pink, Black
Team Sunderland	Rebecca Foggon	07749 955554	Monday, Sunderland Uni	Blue, Orange
TEAM Coast	Julie Waller	07725 053611		Black, Red, White
Tigers	Deborah Dockwray	07745 423868	Thursday 6.30-8.30pm Walker Activity Dome	Black, Orange
Tynemouth	Lynn Jamieson-Yip	07704 184117	Thursday 7 - 8.30pm Norham Community College	Navy, Lilac
Vixens	Hayley Tindale	07960 371750	Wednesday, Park View Community School	Purple
Wearside Wildcats	Dianne Tate	07947 624557	Tuesday, Whitburn School	Black, Orange
Westgate	Karen Carnaffin	07969 913239	Monday, West Denton	Purple, Green
Willington	Claire Pijnen	07508 713876		Navy, Jade
Womble Bond Dickinson	Jane Atkinson	07557 886135		Navy, Gold



Club Secretary Checklist.....

The following checklist is provided to help Club Secretary's run their netball clubs. It does not contain every task that a Club Secretary will undertake over the course of the year, just the main ones common to all. As we hold the AGM in July to collect in entries for the Winter Season, it begins in July.

July	Attend AGM, submit entry for Winter Season, Pay League Fees, confirm contact information
August	Check website for publication of Divisions for Winter Season and fixtures. Start Affiliations.
	Check Safeguarding Officer is in place and up to date with training
September	Find Umpires for Winter Season matches. Check fixtures for Club Duty Nights. Club Umpires to
	attend Umpire Seminar and complete fitness test. Prepare Nominations for submission on night
	of first Club match
October	Winter League Matches. Check and pay umpires for matches, submit team sheets on match
	nights. Qualification tournament for Junior Regional Clubs Competition
November	Winter League Matches. Check and pay umpires for matches, submit team sheets on match
	nights
December	Winter League Matches. Check and pay umpires for matches, submit team sheets on match
	nights
January	Attend General Meeting, submit entry for Spring Season, Pay League Fees, confirm contact
	information
February	Winter League Finishes. Check website for publication of Divisions for Spring Season and
	fixtures. Check fixtures for Club Duty Nights. Find Umpires for Spring Season matches
March	Prepare Nominations and submit to Competition Officer before the start of the Spring Season.
	Spring League Matches
April	Spring League Matches. Check and pay umpires for matches, submit team sheets on match
	nights
May	Spring League Matches. Check and pay umpires for matches, submit team sheets on match
	nights
June	Spring League Matches. Check and pay umpires for matches, submit team sheets on match
	nights. County Trials for Satellite and Academy
July	Spring League Finishes. Annual General Meeting – and it all starts again

Throughout the year relevant information, updates on regulations and issues, will be sent to the Club Secretary by the Affiliation, Competition, Officiating, Coaching and County Secretary's. Please ensure this information is shared with all your relevant players. Other information will appear on the website and Facebook pages. Nothing is posted through the mail to club secretaries now – if possible!

The **County Committee** meet around 6 times a year, Clubs may submit suggestions or issues for consideration to the Committee by emailing the County Secretary. Alternatively Club personnel may attend Committee meetings to observe. If you wish to attend a meeting please contact the County Secretary to arrange.

The **County Handbook** is produced to coincide with the start of the Winter League in September. Copies are handed out to Clubs on match nights and also available from the Duty Box

Junior Club Contacts

Club	Contact	Contact	Day	Age	Time	Venue
Beacon	Claire Scragg	07960 05499; Beacon@ tyneandwearnetball.net	Mon	U11's U14's U16's	6-7 7-8 8-9	Marden Bridge School
Gateshead	Jan Adams	0191 4775185; gateshead@ tyneandwearnetball.net	Tues	7 - 16	6 - 7	Gateshead Leisure Ctre
Great Park	Sarah Jane Cross	07974 721313; greatpark@ tyneandwearnetball.net	Weds		6 - 7	Gosforth Academy
Greencroft	Katie Woodward	07854 790519; greencroft@ tyneandwearnetball.net	Wed	U12's U12-16	5:30-6:30 6:30 -7:30	North Durham Academy
			Wed	U12's U12-16	6:30-7:30 7:30 -8:30	Consett Leisure Centre
Novos	Gill Mason	07939 614423; novos@ tyneandwearnetball.net	Mon	U11/12 U14/16	5-6pm 6-7pm	Heaton Manor High School
Riverside	Lynne Booth	07834 853826; riversidejuniornc@gmail.com	Mon	Year 6 Year 8 Year 10 & 11	5:30-6:30 6:30-8.00 6.30-8.00	Newcastle High School for Girls
<i>ແ</i> ນ	(())	(C)	Tues	Year 7 Year 9	6.00-7.30 6.00-7.30	Newcastle High School for Girls
Ryton	Fern Coulson	07808162291 ryton@tyneandwearnetball.net	Weds	8 - 12 13-16	5.00-6.00 6.00-7.00	Thorpe Academy
Seatonians	Rachel Cassidy	07876 407041; seatonians@ tyneandwearnetball.net	Tue	U11's U15's U18's	5-6pm 6-7pm 7-9:30pm	Whitley Bay High School
Stadium	Claire Joyce	07733 368500; GSNCjuniors@gmail.com	Mon	U11-16	6 - 7pm	Gateshead Stadium

Tyne and Wear County Junior League

The County Association run a Junior League which runs through the Winter season and into the Spring. The matches are scheduled for Sundays and are usually played at Gateshead Stadium, dates, times and venues are confirmed at the start of each season. The league is open to clubs in Tyne and Wear and its neighbouring counties.

For more information about the league check out the website or contact the Youth Secretary on youth@tyneandwearnetball.net.

Child Protection Statement

England Netball, the North East Region and Tyne and Wear County are firmly committed to creating and maintaining a safe and positive environment for all young people to play netball. Tyne and Wear County accepts its responsibility to safeguard the welfare of all young people and protect them from poor practice, abuse and bullying. With this in mind, Tyne and Wear have adopted the Safeguarding and Protecting Young People in Netball Policy, Procedures and Guidelines developed by England Netball and we will apply this to all individuals involved, paid or in a voluntary capacity in Netball.

For more information on Safeguarding and Protecting Children please visit the following websites or contact the Regional Office on 0191 2614116.

www.everychildmatters.gov.uk www.thecpsu.org.uk www.nspcc.org.uk

TWCNA will work to ensure that all Junior Netball clubs have:

- \checkmark A Child Protection Policy with nominated Welfare Officer;
- $\checkmark\,$ A club official who has attended the England Netball Duty of Care course or an equivalent recognised training course.
- ✓ Support to help deal with situations should they arise
- \checkmark A nominated Committee member to act as Welfare Officer for the junior county squads.

Coaching

Tyne and Wear County offer financial support to help coaches develop their skills and progress through the Coaching Pathway from Level 1 upwards. Go to the Coaching page on the website for details and how to apply. Coaching Courses are run by UKCC, and current courses are advertised on the England Netball website.

The County has a number of coaches qualified at various levels. If you are looking for someone to help with coaching at your club please contact the Coaching officer on <u>coaching@tyneandwearnetball.net</u> or check the website.

Over the course of the season the county try to offer training and development events for existing and new coaches. All coaches are welcome to attend any of the County Academy or Satellite sessions to see the County Coaches in action.



Tyne and Wear County and Satellite Academies

Tyne and Wear County deliver a County Academy and Satellite Academy to provide the opportunity for young players to develop and progress along the England Netball Performance Pathway. Both Academies involve regular (weekly) training sessions and a series of match play opportunities.

The Satellite Academy is the first entrance into the Excel Pathway and the focus is on the individual's development. All academy athletes are required to be members of a school and club team so that they can gain match competition in these environments. The Satellites offer 30 hours of training over 10 months to a squad of 20 players. All players MUST be affiliated to a club. Players at Satellite level are from school years 7, 8 & 9.

The County Academy is the next step up from the Satellite Academies and the focus is on working with other players. The U17 (school years 7 - 12) Academy offers 60 hours of training over 10 months to a squad of around 24 players. All players MUST be affiliated to a club.

Trials for the academies are held in June/July time each year. Please check the website for more details of academies, dates, trials, etc..

Tyne and Wear Schools

England Netball run a national competition for all affiliated schools. The competition is played at three age groups, Under 14, Under 16 and Under 19. The format involves a County round which takes place in October/November time. Two schools from each age group progress to a regional round. The Regional Round (North East) is held on the last weekend of January and two teams from each age group progress to the National Finals. The National Finals are held in March. All dates are estimates and subject to confirmation. For confirmation of dates please see the county website.

In order for schools to enter the County round of the National Schools competition they must be affiliated to England Netball at least two weeks before the date of the county round of the competition. Affiliations are paid to England Netball at the start of each academic year. If any school experiences difficulties with affiliation please contact the County Affiliation Secretary or the County Schools Secretary promptly.

2018- 19 Affiliation Fees

Primary - FREE Middle & High Schools - £35 (plus EN fee and £5 regional fee).

Any queries, please visit www.englandnetball.co.uk or email affiliations@englandnetball.co.uk

Active Umpires

As well as contacting umpires shown below there is a Tyne and Wear County Umpires Facebook page where requests can be logged. Try to organise umpires for all of your matches early in the season.

	`В′ А	WARD	
Amanda Brown (City & Storm)	07500 221610	Kath Robinson (Burnside)	07538 320044
Cat Witty (City & Storm)	07772 737370	Lindsay Bradley (Seatonians)	07875 756062
Emily Beckett (Medics)	07850 106871	Liz Wisniewski (Coast)	07938 907255
Helen Emmerson (G'croft)	07763 638537	Lynn Morrison (Willington)	07939 383983
Iain Richardson (Wansbeck)	07956 306427	Michelle Longstaff (Seatonians)	07921 760145
Jan Adams (Gateshead)	0191 4775185	Rachael Selby (Burnside)	07941 429990
Jane Richardson (Panthers)	07757 173710	Rachel Cassidy (Seatonians)	07876 407041
Jo MacLeod (Stadium)	07715 530894	Susan Clark (Willington)	07434 663188
	`C' A	WARD	
Ailsa Johnson (D. Palatinates)	07885 410825	Jacqi Holford (Beacon)	07801 346759
Alex Liddell (Cobalt)	07584 043208	Jade Keepin (Stadium)	07792 579179
Alison Hall (Gosforth & Stars)	07977 759994	Joanne Murnane (Medics)	07960 626610
Amy McCulloch (Riverside)	07834 700535	Joanne Black (Wildcats)	07507 690266
Beccy Bailey (Riverside)	07555 813482	Jolene Byers (Astley)	07568 597205
Beth Charlton (Wildcats)	07512 377250	Julie Patterson (Astley)	07810 640419
Caitlyn Avery (Cobalt)	07791 383849	Katy-Anne Atkinson (Astley)	07872 958764
Caty Whitehouse (Medics)	07454 263637	Kim Pearson (N. City & Prudhoe)	07568 170579
Claire Blair (Seaton Burn)	07765 406141	Leanne Weatherburn (D. Park)	07835 753511
Claire Scragg (Beacon)	07960 054991	Liz Brown (Beacon)	07792 721164
Elaine Gardner (Seatonians)	07857 680069	Olivia Fell (Tigers)	07908 297061
Emily McLintock (Beacon)	07500 960149	Rebekah Talbot (Greencroft)	07493 059099
Emma Dawson (W'ton & NESCL)	07734 433993	Sam Moore (Stadium)	07535 229158
Evonne Swinbank (Seatonians)	07813 183975	Sarah Haigh (Tigers)	07956 695845
Faye Bateson (Oaksway)	07881 942572	Suzanne Claassen (Seatonians)	07840 788820
Gail Sherwood (Tigers)	07545 045854	Val Reynolds (Beacon)	07720 304642
Hannah Lavin (Tigers)	07554 994816	Vicky Atkinson (Ponteland)	07941 778595

Umpire Requirements

To officiate in the County Leagues all umpires must be qualified to the relevant level, attend the annual County/Regional Umpiring Seminar, reach the appropriate level on the fitness test and abide by any requirements as set in the league rules – for example the 3 hour rule. All Umpires should note the following from England Netball with regard to the ongoing validation of their qualifications.

B&C Award: There is no expiry date to this award but umpires **MU\$T** maintain the expected standards which include:

- ✓ Applying the rules fairly and consistently
- ✓ Good positioning and timing which will include keeping slightly ahead of play on the sideline, arriving on the goal line on most occasions as the ball enters the goal circle and returning back to centre third to blow for the centre pass, without delaying play
- Commitment to on-going umpire development, this may include attending new rules sessions or County/Regional Umpiring Workshops

Umpiring Progression

When you decide you would like to work towards your C award you should:

- \checkmark Practice scoring and umpiring at training sessions.
- ✓ Attend a C Award course
- \checkmark Get a mentor to assist you with your umpiring. The County Umpiring secretary can help you find a suitable mentor if you do not have any in your club. Or you can contact someone on the list below.

 \checkmark

For progression from C award to B award, you should contact a mentor on the list below or the Regional Umpiring Secretary.

Name	Contact	Name	Contact
Amanda Brown (City/Storm)	07500 221610	Liz Thompson (Stadium)	07746 575905
Cat Witty (City/Storm)	07772 737370	Liz Wisniewski (NT Unison/Team)	07938 907255
Helen Emmerson (Greencroft)	07763 638537	Lynn Morrison (Willington)	07939 383983
Jan Adams (Gateshead)	07952 128497	Margaret Chambers (Burnside)	07968 193496
Jo MacLeod (Stadium)	07715 530894	Rachel Cassidy (Seatonians)	07876 407041
Liz Barton-Jones (Riverside)	07710 525364	Wendy Pinkney (Burnside)	07906 066239

Mentors

Accredited Table Officials

Name	Contact	Name	Contact
Aimee Findlay (Stadium)	07740 344528	Liz Wisniewski (NT Unison)	07938 907255
Helen Emmerson (Greencroft)	07763 638537	Pat Percy (Riverside)	07980 629948
Kath Robinson (Burnside)	07538 320044	Rachel Cassidy (Seatonians)	07876 407041
Linda Hall (Seatonians)	07849 395512	Sheila Evans (Seatonians)	07769 043329

Codes of Conduct for:

All Volunteers participating in Netball, Assessors, Coaches, Club Safeguarding Officers, Mentors, Table Officials, Teachers, Team Managers, Testers, Trainers, Tutors, Umpires, Verifiers

I will Respect:

- The rules, regulations and requirements of the Sport, including, but not limited to, any competitions in which I participate either directly or indirectly
- The rights, dignity and worth of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- The rights, dignity and worth of Children, Young People and Adults at Risk and ensure that I am aware of the Safeguarding best practice guidelines and procedures when interacting with them.
- Confidentiality and the sensitivities of information I hold on other individuals.
- Netball and the individual's reputation and not take any action or make inappropriate comments about a fellow participant, coach, official, volunteer or member of England Netball's staff that will bring the Sport or those associated with delivering the Sport into disrepute, including making comments on social media technology. I will respect EN's guidance and policies on social media technology.
- The position I hold within Netball and always conduct and dress myself in an appropriate manner.
- The result of the game and will not attempt to offer, offer or accept either directly or indirectly any consideration whatsoever in return for influencing or attempting to influence the result or seek to achieve personal gain on a result which I can influence by betting on any match or event where I am participating, either by playing, coaching or officiating, or through direct or indirect involvement.

Netball is based on Teamwork, therefore I will:

- Not abuse or misuse any relationship of trust or position of power or influence held by me in my team, be that my playing team, Club, County, Regional or England Netball
- Be on time, dressed appropriately and ready to give my full attention to the role I am carrying out within Netball
- Recognise that individuals bring different qualities and attributes but "together we will excel".
- Welcome new members, volunteers, and connected participation and cooperate with Members, Connected Participants, colleagues, coaches, officials and administrators already in the Sport.

I recognise individuals participate in Netball to achieve and have fun, therefore I will:

- Recognise the achievements of others and applaud their successes
- Endeavor to ensure that all involved in the Sport optimise their potential by promoting the positive aspects of the sport and never condoning the use of inappropriate or abusive language, inappropriate relationships, bullying, harassment, discrimination or physical violence.

- Not impinge on others enjoyment of the Sport or my performance by consuming alcoholic drinks or smoke immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults
- Ensure that everyone has the opportunity to participant in a fair, honest environment by rejecting cheating, abiding by the Anti-Doping policies and not taking illegal substances immediately prior to or while participating in the Sport.
- Display modesty in victory and graciousness in defeat; be sporting whether I win or lose; always acknowledge the other team and the umpires at the end of the game with a hand shake or three cheers.
- Never argue with an official or participant during a game and listen to and cooperate with officials' decisions
- Control my temper; I understand that verbal, emotional and physical abuse of officials, coaches, spectators or participants, or deliberately distracting or provoking a participant, coach or official is not acceptable or permitted behaviour in netball
- Enjoy the game and ensure other can also enjoy it.

I will also:

- Be a positive role model for netball by acting in a way that projects a positive image of my role within netball and being fair, considerate and honest with participants and officials
- Display high standards in my language, manner, punctuality, preparation and presentation to ensure that all time spent with me by participants or colleagues is a positive experience
- Exercise reasonable care and skill when carrying out my duties, including but not limited to keeping up to date with the latest practices and developments by taking up further education and other personal and professional development opportunities
- Be consistent, independent and demonstrate complete impartiality through exercising reasonable care and skill to enforce the rules of the game by applying them fairly and to effect control of the game
- As a coach, seek to inspire and motivate in accordance with an individual's abilities to enable them to play to the best of their ability and realise their potential
- As a coach, provide athletes with planned and structured training programmes appropriate to their abilities and goals by ensuring that equal attention and opportunities are available to all, including those requiring a modified plan due to sickness or injury
- As a tutor, assessor, tester, trainer, verifier or mentor, provide candidates with the appropriate information, planned and structured programmes appropriate to their needs and goals, ensuring that equal attention is applied, and to provide appropriate feedback following observation of a session
- Be mentally and physically fit to carry out my role within netball
- Ensure that the training and/or competition environment is safe and appropriate for the age, physical and emotional maturity, experience and ability of the athletes
- Ensure that I follow instructions and comply with all health and safety regulations that apply to the role I am undertaking.

League Rules & Regulations 2018-2019 (Winter & Summer)

Changes from last seasons league rules are highlighted but please read the whole document!

1. General

Tyne and Wear County Netball League (Winter & Spring) is a county competition organised by Tyne and Wear County Netball Association (TWCNA) to enable clubs in their county to compete against each other and encourage participation and development in netball through a progressive league structure.

These regulations outline the Rules upon which the two (Winter and Spring) County Leagues will be run. The Regulations must be followed by all teams, players, officials, spectators and administrators in the management, administration and operation of the County Leagues. It is the responsibility of Team Managers, Coaches and Captains to ensure that all players, club officials and supporters are conversant with the following rules and regulations. All clubs will be held responsible for the actions and behaviour of their players, officials and spectators.

By entering a team in the Tyne and Wear county leagues, clubs/teams agree that:

- They will abide by these rules and regulations
- They are able and willing to fulfil the costs and commitments of participation in the County League

The decisions of the Tyne and Wear County Netball Association (TWCNA), or its nominee(s), in respect of these rules and regulations and on any other matter related to it's Leagues not provided for below, shall be considered final and binding on all parties (subject to the right of appeal detailed in Section 9). These rules and regulations shall be subject and secondary to the application of England Netball's rules and regulations.

2. Competition Structure

2.1 The County Leagues will consist of as many divisions as the entry warrants and can be catered for within available court time. Entry will be determined by TWCNA at its absolute discretion. Priority will be given to teams from existing league clubs or new teams based in the Tyne and Wear county netball geographical area. Teams which are based in other 'netball counties' will be required to compete in their own county league before they may be considered for inclusion in the Tyne and Wear County League.

2.2 All new entrants to the T&W County League will be required to enter at the lowest division.

2.3 Teams wishing to enter any of TWCNA's leagues must attend the relevant meeting and must pay the required league fee on the night. League Fees will be set annually by the TWCNA. Late payment of fees will incur an incremental increase!

Sanction: Existing Clubs who do not attend the relevant entry meeting and subsequently apply for entry may be relegated to a lower division or may incur a financial penalty of up to £20 – this will be at the discretion of the TWCNA.

2.4 At the end of each league season the teams finishing top of each Division will be the winners of their division.

2.5 At the end of each league season the two teams finishing at the top of each division will be promoted to the divisions above. The exceptions to this are:

2.5.1 Division 3L & 3R where only the top placed clubs will be promoted to Division 2.

2.5.2 Division 6 where the up to 4 teams may be promoted to Division 5L and 5R

**TWCNA Committee will be reviewing the process of promotion over the 18/19 year and may introduce changes which will take effect for the Spring Season.

2.6 At the end of each season the two teams finishing at the bottom of each division will be relegated to the divisions below. There will be no relegation from the lowest division(s).

2.7 In exceptional circumstances TWCNA reserve the right to make decisions relating to relegation and promotion which are in the best interests of its members.

2.8 A Competition Referee will be appointed by TWCNA for the County Leagues. The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising throughout the Competition including, but not limited to:

2.8.1 altering or amending the playing schedule as necessary;

2.8.2 determining if there has been a breach of the Regulations and imposing an appropriate sanction (including disqualification of any individual, player or team)

2.8.3 instances of unsportsmanlike behaviour that brings the sport into disrepute including instances of team predetermining, or attempting to predetermine the outcome of the Match and/or the competition making recommendations to the County Committee on promotion issues and carry over of points penalties

2.8.4 Determine the score should any Match not be concluded due to any unforeseen circumstance

2.8.5 Any matter not covered specifically within the Regulations.

2.9 The Competition Referee may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. Decisions will be reported to the TWCNA and the final decision, and accountability for any decision, will rest with TWCNA.

3. Player Eligibility

3.1 To be eligible to participate all players and officials must be in membership of England Netball as an affiliated Registered Participant having paid the full affiliation fee due and received confirmation of their affiliation from England Netball in advance of taking the court.

3.2 All players must be aged 14 years or over as at midnight 31st August/1st September prior to the commencement of the League. Written applications (accompanied by a completed Age Banding Form) can be made to the Performance Officer for consideration of a player aged 13 at midnight 31st August/1st September to be allowed to compete. In this case the player's skill and maturation level will be reviewed by the Performance Officer in conjunction with relevant County or Regional Coaches or whoever they feel relevant.

3.3 A player may play for no more than 2 Clubs in a county league. This rule will take effect from the Spring 2019 League.

3.3 A player who is 'first claim affiliated' to England Netball via a Tyne and Wear County Club, may play for that club in the County League without paying any additional fees. If this player then choses to play for a second club in the County League they must be second affiliated via My Net to that additional club. The fee for a second affiliation is £10 per player, per club. This fee covers the player to play for that club in both the Winter and Spring Leagues.

3.4 A player who is affiliated to a club via a county other than Tyne and Wear must be second affiliated via My Net (or pay the second affiliation fee direct to the County) in order to play in the T&W County Leagues – this fee is set at £10 per player, per club. This fee covers the player to play for that club in both the Winter and Spring Leagues.

3.5 Once the league has commenced and nominations have been received Clubs may only add players to their teams who are 'new to the league'. 'New to the league' is a player who has not taken the court for a team in the

relevant T&W County league or been nominated to another team in the relevant T&W County League. These players may be first or second affiliates.

- 3.6 Players may play for more than one club in the County Leagues subject to 3.1 to 3.5 above and the following:
 - Division 1 or 2. A player may only play for one club in these divisions. Where a Club has teams in both divisions then players may play up from the lower placed club to a higher placed club subject to the rules around playing up in Section 4.
 - Below Division 2. A player may play for more than one club in the divisions below Division 2, but may only play for one club in any one division. Note that Division 3L and Division 3R are deemed separate divisions, and similarly 4L and 4R, etc..

Sanction: Teams who play an unaffiliated, ineligible or under age player will forfeit any points awarded for the game played. The five points will be awarded to the non-offending team and a score of 20-5 recorded. The offending team may incur an additional points penalty at the discretion of the TWCNA. Subsequent contraventions may incur a financial penalty at the discretion of the TWCNA.

4. Nomination of Squads

4.1 All affiliated players within a club must be nominated to a team. A minimum of 7 players (no maximum) must be nominated for every team. Nominations for the two county leagues (winter and spring) are entirely separate.

4.1.1 All clubs must submit their nominations on the night of the first match involving a team from their club. Clubs will submit their squads by printing out their Club Roster from My Net and marking each player with their nominated team.

4.1.2 Clubs who are unable to second affiliate players via My Net must add their names to their Club Roster and pay the relevant fees on the nomination night.

Sanction: Clubs submitting nominations after their deadline or failing to pay required fees may incur a points or financial penalty at the discretion of the TWCNA.

4.2 Where a club has more than one team the following limitations will apply:

- 4.2.1 A higher nominated player cannot play for a lower nominated team within their club.
- 4.2.2 A lower nominated player may 'play up' for a higher nominated team within their club on a total of 3
 (three) occasions in any one county league. After the third time they play up their nomination will be reassigned to a higher club as defined below (a & b) and they will not be permitted to 'play up' again for the remainder of the season.
 - a. Having played up 3 times the player will have their nomination reassigned to a higher team as follows.
 - A player who has played up three times for the same higher nominated team will be reassigned to that team.
 - A player who has played up three times for two (or three) different higher nominated teams (eg: C team player playing for B team once and A team twice) will be reassigned to the lower of the nominated teams they have played on. In our example they would move to the B team. OR

b. Having played up 3 times the Club may choose to reassign the player to a specific team which is higher than would be required under a. above. For example a D team player who has played up 3 times on the C team could be reassigned to the B team rather than the C team. In these circumstances the Competition Referee must be informed either by email or via a signed note made on the Team Sheet.

• 4.2.3 Players 'playing up' on any occasion must be marked on the team sheet with an asterisk.

Sanction: Teams found to be in contravention of the Nomination Rules above will forfeit any points awarded for the games played. The five points will be awarded to the non-offending team and a score of 20-5 recorded. The offending team may incur an additional points penalty at the discretion of the TWCNA. Subsequent contraventions may incur a financial penalty at the discretion of the TWCNA.

5. Fixture Arrangements

5.1 All matches must be played as per the fixture schedule published by TWCNA. Fixtures will only be rearranged in the event that the venue is deemed unplayable. In the event that the venue is unplayable, every effort will be made to contact clubs and inform them of the cancellation but no financial compensation will be payable in the event of expenses incurred.

5.2 Application may be made to the Competition Referee if match clashes arise from progression in a national or regional netball event (this will not include clashes with other local leagues).

5.3 In the event that a team cannot fulfil a playing fixture they should offer the opposing team a friendly.Sanction for conceding a match: the non-offending team will be awarded the 5 points for the match and a score of20-5 will be recorded.

- 5.3.1 If a friendly cannot be offered the team cancelling must inform the opposing team, the clubs providing the two umpires for the match and the Competition Referee as soon as possible. The non-offending team may request up to £25 from the team cancelling. This money is to compensate the non-offending team for the match lost and to pay for their umpire. It is up to the non-offending team to request the money and arrange payment.
- 5.3.2 When playing a friendly the team conceding must inform both umpires and the opposition captain that the match is a friendly before the match starts.

5.4 In the event that both teams concede a match then a score of 0-0 will be recorded and neither team will receive any points for the match.

5.5 Any team who concede more than 2 of their 9 matches during the course of a season will automatically have all their results for that season declared void.

5.6 Every Club will be required to administer at least one night of matches during each of the leagues. Sanction: Failure to attend for a 'duty night' will incur a £10 fine.

6. Match Regulations

6.1 All games shall be played to the IFNA Rules of the Game currently in force in England at the time, except where specific local regulations apply (as outlined in these regulations). England Netball Domestic Rules Guidance will also apply where applicable.

6.2 Matches will consist of four 12 minute quarters with intervals of 2, 3 and 2 minutes respectively. Central timing will be administered by the duty team. If a team is not on court at the starting time, the umpires after discussion with the Captain(s), may award the match to the team on court. Even if the game is awarded to the team on court at the starting time, a friendly should be played if possible and the umpires must remain on court to officiate this match. Matches decided in this matter will be dealt with as per conceded matches.

6.3 Following the changes to the IFNA Rules of Netball in the event of a player being suspended the following will apply:

Division 1 & 2 - Scorers must ensure that they are ready to time the 2 minutes in the event that a player is suspended. So all scorers must have with them either a stopwatch or a phone with a timer.

Division 3 and below - as we operate on central timing it isn't practicable for the team on duty to time any suspension. So in Division 3 and below the penalty for a suspended player will be 3 goals.

6.4 Injury/Illness/Blood procedures will be as per IFNA Regulations (9.3) subject to the following: there is no additional time available to extend a match, so any stoppages will mean a reduction in playing time for those teams. Time will not be added at the end of a match to cover for stoppages.

It is the responsibility of each team to provide basic first aid cover for its players, officials and spectators. A small selection of bandages and tape will be available from the Duty Box.

6.5 In the event of an accident, the reporting procedure as detailed on the England Netball website should be followed and the accident recorded in the venue's accident reporting book. This procedure should be followed for ALL injuries and accidents, regardless of whether or not medical treatment is given. Copies of the England Netball Accident Reporting Form are available in the Duty Box.

6.6 In the event that a match is abandoned after it has started, the result or rearrangement of that match will be determined by the Competition Referee. The score, time and circumstances of the abandonment should be noted on the team sheet. For games abandoned in the last five minutes of the match the score at the time the game stopped will stand and there will be no replay organised.

6.7 Teams are required to provide Bibs and a Ball which meet IFNA regulations. Sanction: In the event that a match fails to go ahead due to lack of Bibs or a Ball the relevant team(s) will be deemed to have conceded the game and the relevant penalty applied.

6.8 Teams must take the court in matching kit which as a minimum must not clash with their opponents. Teams should play in tops and skins which co-ordinate with their basic kit colours and similar colour skirts. Tracksuit bottoms, leggings and shorts may only be worn under a skirt/dress. Where clashes or issues arise with kit the umpires should be approached before the match and a solution found using common sense to ensure that players are not unduly affected.

6.9 Photography or video recording is not permitted at any match without the following being in place before the match commences:

- 6.8.1 the agreement of the opposing team
- 6.8.2 both umpires have been informed and have no significant objections
- 6.8.3 the appropriate paperwork (see county website) has been completed and is available for inspection by any umpire, player or coach, prior to the start of the match

7. Registration of Results

- 7.1 Each team must submit a completed Team Sheet for every match, signed by both Umpires and showing:
 - full names of all players, as they appear on My Net
 - full names of all substitutes, clearly indicating the quarters played
 - asterisks marking all players who are playing up from a lower team
 - the final score & name of winning team

Sanction: Teams who submit an incorrect team sheet or who regularly fail to submit team sheets may incur a financial or points penalty at the discretion of the TWCNA Committee.

7.2 Points will be awarded as follows: 5 points for a win, 3 points for a draw, 1 point for more than half score, 2 points for a loss within 3 goals of the winning score, ie: 21-24.

7.3 A League Table will be compiled on the basis of the points awarded. The results and league table will be accessible at all times via the County website. Final league positions will be ranked by points, then if required by goal average, goals difference and finally goals scored (higher taking preference). If none of these differentiate between the teams then the scores in the matches played between the teams over the course of the season shall be calculated and ranked as per the league table detailed above. If this fails to differentiate between the teams then the teams of differentiation.

8. Match Officials

8.1 For every match played there will be a reciprocal requirement for a team to provide an umpire. All costs associated with the provision of their umpire rests with the relevant club.

8.2 All Clubs playing in the Tyne and Wear league must nominate an "active umpire" for each team they have in the county league. An Active Umpire is one who meets the requirements detailed in 8.3 and in addition umpires at least 5 matches for each nomination. Individual Umpires may be nominated a maximum of 2 times. Allowances will be made for regular club umpires who are injured or pregnant. The Umpiring Secretary should be informed in a timely manner of any issues which arise during the season. This rule will take effect from the Spring 2019 League.

8.3 All umpires who officiate in the Tyne and Wear County league must:

a. hold a full affiliation to England Netball

b. achieve fitness at a county or regional Bleep Test as below:

i. Level 4.1 to umpire in Division 3 and below

ii. Level 5.1 to umpire in Division 1 or 2.

c. attend at least one County Umpiring Seminar every year and more where required

d. be qualified as below:

i. Division 1 - B Award or above

ii. Division 2 – B Award or above or C Award holder actively working toward their B Award and with a mentor observing.

iii. All other divisions – C award or above. Divisions 5 & 6 may be umpired by trainee umpires who have been approved by the Officiating Secretary and have a mentor observing. Note also that there is a progression process that all newly qualified or returning umpires must adhere to in order to progress above Division 5.

8.4 It is the responsibility of the club to ensure the umpire they provide is neutral to both teams. Umpires should not commit to matches where they are not neutral and if this occurs must swap courts. Sanction: Financial or Points penalties may be applied to clubs or umpires who repeatedly fail to adhere to this rule.

8.5 It is the responsibility of the two officials in charge of each match to ensure that these regulations are applied appropriately and that discipline on and around the court is maintained. If any specific issues arise they should either note these on the team sheets or inform the Competition Referee via email.

8.6 Umpires must not umpire for three hours, or play and umpire for three hours where the third hour is umpiring. It is the responsibility of the umpire to ensure that they are not breaking this rule. Breaking the three hour rule will be sanctioned where an umpire steps in to cover for an umpire as detailed in 8.7 below.

- 8.7 In the event that an umpire fails to arrive, or is injured or taken ill during a match:
 - Another umpire with the appropriate qualification should be asked to umpire the match. Failing that, the next best-qualified umpire may umpire subject to the agreement of the two team captains. However if both teams agree then there will be no right to appeal for a replay.
 - If no suitable substitute is available the Competition Referee should be informed.
 - In the event that a match has to be rearranged due to an umpire not attending the club responsible for the provision of that umpire may be liable for the costs of the rearranged match.

8.8 Where a team fails to provide an umpire for any reason this will be investigated by the Competition Referee and Officiating Officer and following referral to the TWCNA an appropriate penalty agreed. Penalties could include the forfeit of any points gained for the reciprocal match, or a financial penalty, applied to the Club or the Umpire, depending upon the circumstances. In certain circumstances points penalties may be carried over to the following season.

Match Bench Officials

8.9 Division 1 and 2 teams MUST provide a competent scorer for each of their matches. The two scorers should sit together away from the main bench areas in order to ensure that discrepancies are avoided or resolved within the quarter. The Team/Scorer at the entry/bar end of the court should also use the flipchart to display the score during the match this will help to avoid discrepancies with the scores.

Sanction: In the event that a team fails to provide a scorer, one of their players will be required to leave the court and take on this role.

9. QUERIES, COMPLAINTS & APPEALS PROCEDURE

9.1 The Competition Referee for the Tyne and Wear County League (Winter & Spring) will be **Cat Witty**. The Appeals Officer will be **Sarah Jane Cross** the County Secretary. All decisions of the Competition Referee will be referred to the County Committee for endorsement. All queries and complaints (a Complaint) should be directed to the Competition Referee in the first instance, which will be dealt with as follows:

9.1.1 Where the Complaint relates to the playing of a Match, the scoring, and/or its result, the relevant Squad member or Team Official, must do the following:

- a) Inform their opponents and the Umpires of their complaint;
- b) Mark the Team Sheet with the words "Under Protest";
- c) Submit the Team Sheet to the Duty Team as normal;
- d) Within three (3) days of the match send an email or write to the Competition Referee to explain the issue in full;
- e) The Competition Referee will decide what action should be taken.

9.1.2 The Competition Referee will acknowledge receipt of the query or complaint and make a decision on the matter within an appropriate period of time depending upon the impact of the complaint and the availability of the CR and County Committee members. The Competition Referees decision in relation to decisions taken under clause 9.1.1 is binding apart from where parties to the complaint have the right to appeal the decision under Section 9.2 below.

9.1.3 Where a Complaint relates to the governance or administration of the Competition by the Tyne and Wear County Netball Association, such complaints will be dealt with under the Complaints Procedure of the Tyne and Wear County Netball Association.

9.1.4 Where the Complaint relates to the behaviour of an individual Player or Team participating, volunteering or individual attending a Match which could be considered as a Disciplinary Offence under England Netball's Disciplinary Regulations, such complaints will be dealt with in accordance with the processes set out in England Netball's Netball's Disciplinary Regulations.

9.2 Appeal of Competition Referees Decision

The decision of the Competition Referee in relation to a complaint submitted in accordance with section 9.1.1 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances: :

- a. If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; AND -
- b. If there has been a failure by the Competition Referee to follow or act in accordance with these Regulations and/or the Competition Referee reached a decision on the basis of an error of fact.

These are the only grounds of appeal and any appeal must be submitted in accordance with the appeals process set out below:

- An appeal should be forwarded in writing from a Club official of the appealing Team to the Competition
 Referee within 7 days of receiving the decision, who will refer it to the Tyne and Wear County Netball
 Association.
- ii. The appeal shall be accompanied by a cheque for £50 which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee (CAC) will decide whether the extenuating circumstance warrant the cheque being returned.
- iii The TWCNA County Secretary will establish a CAC which will consist of individuals that are independent of and not connected to the Competition. One of those individuals will be appointed as the Chair.
- iv. The Chair of the CAC will send the appeal to the opposing Team and any other Team or persons the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seven days (7) from the date the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.
- v. All submissions and evidence must be submitted in writing. The Chair of CAC will have the discretion to determine the process, procedure and direction of the appeal.
- vi. The CAC shall meet and reach a determination within seven (7) days of receiving all the evidence and submissions.
- vii. The CAC will notify all the parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within two (2) days of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever means it considers appropriate.
- viii The CAC shall have the delegated power of Tyne and Wear County Netball Association to make all decisions and impose and enforce any penalties and sanctions (including but not limited to, reprimands, the deduction of points, fines, suspensions and expulsions from the Competition) relating to the appeal. There is no further right of appeal on this decision.
- ix. The procedures set out in this section shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.
- x. The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures Manual or otherwise, insofar as such waiver may be validly made.
- xi. The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 3 shall be English Law.

xii. If the circumstances require a decision to be taken sooner than provided for by this section, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made and the decision taken can be shorter than the timescales stated in this Section. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties.

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Blue Flames Rules

- Spectators may come in to the sports hall, but must stay behind the spectator lines against the corridor walls. Although there is no line painted yet, there is a clear ending to the sports surface and the start of the normal concrete surface.
- Children under 5 must be supervised at all times. Pushchairs are not allowed in the sports hall.
- No food or drink to be consumed in the sports hall, except for non-spill sports bottles for players only. Spectators are not allowed to drink in the sports hall.
- No outdoor footwear allowed in the sports hall.
- Teams waiting to come on to a court must wait in the corridor or function room until the court is available.

Users please note that when there is a change of sport, i.e. from tennis to netball, and vice versa, sports hall staff will require 5 - 10 minutes to change equipment.

* * * * * *

Equal Opportunities Statement

Tyne and Wear County Netball has an ongoing commitment to treating people fairly. No participant, volunteer, job applicant or employee will receive less favourable treatment on the grounds of gender, marital status, social class, colour, race, ethnic origin, creed or disability, or will be disadvantaged by conditions or requirements which cannot be shown to be relevant to performance.

Tyne and Wear County Netball will:

(a) Work to eliminate barriers, which discriminate against particular groups within the sport of netball in Tyne and Wear.

(b) Give clear guidance to individuals and clubs working with the Association, on the commitment to equal opportunities.

(c) Recognise its legal obligations under:

- The Race Relations Act
- The Sex Discrimination Act
- The Equal Pay Act
- The Disability Discrimination Act.

(d) Continuously monitor and review all its procedures to ensure they are fair to all.

Tyne and Wear County Netball regards discrimination, as described above, as gross misconduct and any employee of the Association, participant or volunteer who discriminates against any other person will be liable to appropriate disciplinary action.

Players Code of Conduct

Our Codes of Conduct require the highest standards of conduct from everyone involved in netball to ensure that their behaviour and actions meet the values and standards expected at all times. Everyone must conduct themselves in an honest, fair, impartial and transparent manner

Our Codes of Conduct are applicable to all aspects of the Sport and are driven by England Netball's Values (Respect, Teamwork, Achievement and Fun) and the Guiding Principles (set out above).

I will Respect:

- The rules, regulations and requirements of the Sport, including, but not limited to, any competitions in which I participate either directly or indirectly
- The rights, dignity and worth of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- The rights, dignity and worth of Children, Young People and Adults at Risk and ensure that I am aware of the Safeguarding best practice guidelines and procedures when interacting with them.
- Confidentiality and the sensitivities of information I hold on other individuals.
- Netball and the individual's reputation and not take any action or make inappropriate comments about a fellow participant, coach, official, volunteer or member of England Netball's staff that will bring the Sport or those associated with delivering the Sport into disrepute, including making comments on social media technology. I will respect EN's guidance and policies on social media technology.
- The position I hold within Netball and always conduct and dress myself in an appropriate manner.
- The result of the game and will not attempt to offer, offer or accept either directly or indirectly any consideration whatsoever in return for influencing or attempting to influence the result or seek to achieve personal gain on a result which I can influence by betting on any match or event where I am participating, either by playing, coaching or officiating, or through direct or indirect involvement.

Netball is based on Teamwork, therefore I will:

- Not abuse or misuse any relationship of trust or position of power or influence held by me in my team, be that my playing team, Club, County, Regional or England Netball
- Be on time, dressed appropriately and ready to give my full attention to the role I am carrying out within Netball
- Recognise that individuals bring different qualities and attributes but "together we will excel".
- Welcome new members, volunteers, and connected participation and cooperate with Members, Connected Participants, colleagues, coaches, officials and administrators already in the Sport

I recognise individuals participate in Netball to achieve and have fun, therefore I will:

- Recognise the achievements of others and applaud their successes
- Endeavour to ensure that all involved in the Sport optimise their potential by promoting the positive aspects of the sport and never condoning the use of inappropriate or abusive language, inappropriate relationships, bullying, harassment, discrimination or physical violence.
- Not impinge on others enjoyment of the Sport or my performance by consuming alcoholic drinks or smoke immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults
- Ensure that everyone has the opportunity to participant in a fair, honest environment by rejecting cheating, abiding by the Anti-Doping policies and not taking illegal substances immediately prior to or while participating in the Sport.
- Display modesty in victory and graciousness in defeat; be sporting whether I win or lose; always acknowledge the other team and the umpires at the end of the game with a hand shake or three cheers.
- Never argue with an official or participant during a game and listen to and cooperate with officials' decisions
- Control my temper; I understand that verbal, emotional and physical abuse of officials, coaches, spectators or participants, or deliberately distracting or provoking a participant, coach or official is not acceptable or permitted behaviour in netball
- Enjoy the game and ensure other can also enjoy it.

I will endeavour to abide by this code of conduct and promote it to others. I understand that if I fail to follow the code, the England Netball, the Regional Association or the County Association may take action against me under the Disciplinary Regulations which may result in Sanctions including fines and suspension.



Tyne and Wear County Winter League – 2018

Division 1 (Wed/Thur)
Concordia A
Greencroft A
Newcastle City
Riverside A
Riverside B
Seatonians A
Seatonians B
Seatonians C
Stadium A
Stadium B

Division 2 (Thur/Wed)
Alexandra
Beacon A
Gateshead A
Greencroft B
N'bria Police A
Prudhoe A
Riverside C
Riverside D
Stadium C
Tigers A

Division 3L (Mon)
7 Four 7
Astley A
Newcastle Storm
Gosforth A
Sandyford
Seatonians D
TEAM Coast
Tynemouth
Vixens
Willington

Division 3R (Thurs)
Burnside A
Denton Park A
Jesmond
NESLC
Novos A
NT Unison
N'bria Police B
Stanley Thunder
Team Sunderland
Westgate

Division 4L (Weds)
Beacon B
Fusion
Gosforth B
Great Park Blacks
KATS
Riverside E
Sage
Seaton Burn
Seatonians E
Wearside Wildcats

Division 4R (Tues)
Astley B
Chopwell
Durham Palatinates
Freeman Knights
Great Park Blues
Greencroft C
Novos B
PWC
Riverside F
Stadium D

Division 5L (Thurs)
Burnside B
EY
Gateshead Angels
Gateshead B
Proctor & Gamble
Riverside G
Seatonians G
Stadium E
Womble BD

Division 5R (Mon)							
Blue Flames							
Cobalt Vixens							
Concordia B							
Denton Park B							
GALS							
Prudhoe B							
Seatonians F							
Tigers B							
Tigers C							

Division 6 (Weds)
Beacon C
Great Park Greens
Great Park Whites
Greencroft D
Medics
Northern Stars
Riverside H
Ryton
Tigers D
Tigers E

Division 1 & 2 (Wednesday)

Wednesday		MA	гсн	ES	UMPIRES		
26/09/2018	6.30	Riverside B	٧	Riverside A	Seatonians A	&	Stadium A
Duty Night	7.30	Stadium A	v	Stadium B	Seatonians C	&	Riverside A
W. Wildcats	8.30	Seatonians A	v	Seatonians C	Riverside B	&	Stadium B
03/10/2018	6.30	Tigers A	V	N Police A	Stadium B	&	Seatonians C
Duty Night	7.30	Riverside B	v	Greencroft A	Stadium A	&	N Police A
Seaton Burn	8.30	Seatonians B	v	Seatonians C	Riverside B	&	Greencroft A
10/10/2018	6.30	Stadium B	v	Riverside A	Seatonians B	&	Tigers A
Duty Night	7.30	Stadium C	V	Riverside C	Seatonians B	&	Riverside A
Tigers	8.30	Seatonians B	v	Stadium A	Stadium C	&	Riverside C
17/10/2018	6.30	Tigers A	V	Gateshead A	Stadium B	&	Stadium A
Duty Night	7.30	Concordia A	v	Stadium B	Seatonians C	&	Gateshead A
Seatonians	8.30	Seatonians C	v	Stadium A	Concordia A	&	Tigers A
24/10/2018	6.30	Seatonians B	v	Concordia A	Newcastle City	&	Tigers A
Duty Night	7.30	Tigers A	V	Riverside D	Seatonians B	&	Seatonians A
Sage	8.30	Newcastle City	v	Seatonians A	Concordia A	&	Riverside D
07/11/2018	6.30	Seatonians C	v	Stadium B	Riverside B	&	Riverside A
Duty Night	7.30	Riverside B	v	Seatonians A	Stadium A	&	Stadium B
Stadium	8.30	Stadium A	v	Riverside A	Seatonians C	&	Seatonians A
14/11/2018	6.30	Tigers A	V	Prudhoe A	Seatonians B	&	Seatonians C
Duty Night	7.30	Riverside B	v	Seatonians B	Newcastle City	&	Prudhoe A
Fusion	8.30	Newcastle City	v	Seatonians C	Riverside B	&	Tigers A
21/11/2018	6.30	Beacon A	v	Riverside C	Seatonians B	&	Seatonians A
Duty Night	7.30	Seatonians A	v	Stadium A	Beacon A	&	Riverside C
Medics	8.30	Seatonians B	v	Riverside A	Riverside A	&	Stadium A
28/11/2018	6.30	Riverside B	v	Stadium B	Concordia A	&	Seatonians C
Duty Night	7.30	Tigers A	V	Alexandra	Riverside B	&	Stadium B
Great Park	8.30	Concordia A	v	Seatonians C	Tigers A	&	Alexandra
05/12/2018	6.30	Concordia A	v	Riverside A	Tigers A	&	Greencroft B
Duty Night	7.30	Seatonians B	v	Seatonians A	Concordia A	&	Riverside A
Ryton	8.30	Tigers A	V	Greencroft B	Seatonians B	&	Seatonians A
16/01/2019	6.30	Seatonians C	v	Riverside A	Stadium A	&	Stadium B
Duty Night	7.30	Riverside B	v	Stadium A	Seatonians C	&	Seatonians A
KATS	8.30	Seatonians A	v	Stadium B	Riverside B	&	Riverside A
23/01/2019	6.30	Greencroft A	۷	Seatonians C	Riverside B	&	Concordia A
Duty Night	7.30	Tigers A	V	Beacon A	Greencroft A	&	Seatonians C
Beacon	8.30	Riverside B	۷	Concordia A	Tigers A	&	Beacon A
30/01/2019	6.30	Beacon A	V	Stadium C	Seatonians B	&	Seatonians A
Duty Night	7.30	Seatonians A	v	Riverside A	Stadium B	&	Stadium C
Northern Stars	8.30	Seatonians B	v	Stadium B	Beacon A	&	Riverside A
06/02/2019	6.30	Concordia A	v	Stadium A	Tigers A	&	Riverside C
Duty Night	7.30	Riverside B	v	Seatonians C	Concordia A	&	Stadium A
Riverside	8.30	Tigers A	V	Riverside C	Riverside B	&	Seatonians C
13/02/2019	6.30	Seatonians A	v	Concordia A	Greencroft A	&	Tigers A
Duty Night	7.30	Tigers A	v	Stadium C	Seatonians A	&	Seatonians B
Seatonians	8.30	Greencroft A	v	Seatonians B	Concordia A	&	Stadium C

Division 2 teams in bold italics

Division 1 & 2 (Thursday)

		MATCHES			UMPIRES				
27/09/2018	6.30	Alexandra	v	Stadium C	Riverside D	&	Prudhoe A		
Duty Night	7.30	Gateshead A	v	Riverside C	Alexandra	&	Stadium C		
Proctor & Gamble	8.30	Riverside D	v	Prudhoe A	Gateshead A	&	Riverside C		
04/10/2018	6.30	Beacon A	v	Prudhoe A	Gateshead A	&	Concordia A		
Duty Night	7.30	Gateshead A	v	Greencroft B	Newcastle City	&	Prudhoe A		
Womble	8.30	Newcastle City	V	Concordia A	Beacon A	&	Greencroft B		
11/10/2018	6.30	Beacon A	v	Alexandra	Greencroft B	&	Riverside D		
Duty Night	7.30	Greencroft A	V	Seatonians A	Beacon A	&	Alexandra		
Westgate	8.30	Greencroft B	v	Riverside D	Greencroft A	&	Seatonians A		
18/10/2018	6.30	Prudhoe A	v	Alexandra	Newcastle City	&	Riverside B		
Duty Night	7.30	N Police A	v	Stadium C	Prudhoe A	&	Alexandra		
TEAM Sunderland	8.30	Newcastle City	V	Riverside B	N Police A	&	Stadium C		
25/10/2018	6.30	Greencroft B	v	Riverside C	Beacon A	&	Greencroft A		
Duty Night	7.30	Greencroft A	V	Riverside A	N Police A	&	Riverside C		
EY	8.30	Beacon A	v	N Police A	Greencroft B	&	Riverside A		
08/11/2018	6.30	Gateshead A	v	Riverside D	Prudhoe A	&	Stadium C		
Duty Night	7.30	Alexandra	v	Riverside C	Gateshead A	&	Riverside D		
Gateshead Angels	8.30	Prudhoe A	v	Stadium C	Alexandra	&	Riverside C		
15/11/2018	6.30	Gateshead A	v	Beacon A	Greencroft B	&	N Police A		
Duty Night	7.30	Greencroft A	V	Concordia A	Gateshead A	&	Beacon A		
Stanley Thunder	8.30	Greencroft B	v	N Police A	Greencroft A	&	Concordia A		
22/11/2018	6.30	Riverside D	٧	Alexandra	Greencroft A	&	Stadium B		
Duty Night	7.30	Greencroft B	v	Stadium C	Riverside D	&	Alexandra		
Denton Park	8.30	Greencroft A	v	Stadium B	Greencroft B	&	Stadium C		
29/11/2018	6.30	Gateshead A	٧	Stadium C	Newcastle City	&	Prudhoe A		
Duty Night	7.30	Newcastle City	v	Stadium A	N Police A	&	Stadium C		
Gateshead	8.30	N Police A	v	Prudhoe A	Gateshead A	&	Stadium A		
06/12/2018	6.30	N Police A	v	Riverside C	Newcastle City	&	Greencroft A		
Duty Night	7.30	Beacon A	v	Riverside D	N Police A	&	Riverside C		
NESLC	8.30	Newcastle City	v	Greencroft A	Beacon A	&	Riverside D		
17/01/2019	6.30	Prudhoe A	v	Riverside C	Riverside D	&	Stadium C		
Duty Night	7.30	Gateshead A	v	Alexandra	Prudhoe A	&	Riverside C		
Riverside	8.30	Riverside D	v	Stadium C	Gateshead A	&	Alexandra		
24/01/2019	6.30	Greencroft B	v	Prudhoe A	Newcastle City	&	N Police A		
Duty Night	7.30	Newcastle City	v	Seatonians B	Gateshead A	&	Prudhoe A		
Burnside	8.30	Gateshead A	v	N Police A	Greencroft B	&	Seatonians B		
31/01/2019	6.30	Riverside D	v	Riverside C	Greencroft A	&	Stadium A		
Duty Night	7.30	Greencroft B	v	Alexandra	Riverside D	&	Riverside C		
Alexandra	8.30	Greencroft A	v	Stadium A	Greencroft B	&	Alexandra		
07/02/2019	6.30	N Police A	v	Alexandra	Newcastle City	&	Riverside A		
Duty Night	7.30	Gateshead A	v	Prudhoe A	N Police A	&	Alexandra		
Jesmond	8.30	Newcastle City	v	Riverside A	Gateshead A	&	Prudhoe A		
		Riverside D	v	N Police A	Newcastle City	&	Stadium B		
14/02/2019	6.30		•			~			
14/02/2019 Duty Night	6.30 7.30	Greencroft B	v	Beacon A	Riverside D	&	N Police A		

Division 1 teams in bold italics

Division 3L (Monday)

		MAT	CHE	S	UMPIRES		
24/09/2018	6.30	7 Four 7	v	Willington	Villington Vixens		Tynemouth
Duty Night	7.30	Sandyford	v	Astley A	7 Four 7	&	Willington
Astley	8.30	Vixens	v	Tynemouth	Sandyford	&	Astley A
01/10/2018	6.30	TEAM Coast	v	7 Four 7	Seatonians D	&	Gosforth A
Duty Night	7.30	Newcastle Storm	v	Tynemouth	TEAM Coast	&	7 Four 7
GALS	8.30	Seatonians D	v	Gosforth A	Newcastle Storm	&	Tynemouth
08/10/2018	6.30	Astley A	v	Team Coast	Willington	&	Vixens
Duty Night	7.30	Willington	v	Vixens	Newcastle Storm	&	Sandyford
Cobalt Vixens	8.30	Newcastle Storm	v	Sandyford	Astley A	&	Team Coast
15/10/2018	6.30	Seatonians D	v	7 Four 7	Tynemouth	&	Sandyford
Duty Night	7.30	Gosforth A	v	Astley A	Seatonians D	&	7 Four 7
Tigers	8.30	Tynemouth	v	Sandyford	Gosforth A	&	Astley A
22/10/2018	6.30	Willington	v	Team Coast	Gosforth A	&	Seatonians D
Duty Night	7.30	Vixens	v	Seatonians D	Newcastle Storm	&	Willington
Blue Flames	8.30	Newcastle Storm	v	Gosforth A	Vixens	&	Team Coast
12/11/2018	6.30	Tynemouth	v	Astley A	Sandyford	&	Team Coast
Duty Night	7.30	Vixens	v	7 Four 7	Tynemouth	&	Astley A
7 Four 7	8.30	Sandyford	v	Team Coast	, Vixens	&	7 Four 7
19/11/2018	6.30	Seatonians D	v	Tynemouth	Willington	&	Gosforth A
Duty Night	7.30	Newcastle Storm	v	7 Four 7	Seatonians D	&	Tynemouth
Prudhoe	8.30	Willington	v	Gosforth A	Newcastle Storm	&	7 Four 7
26/11/2018	6.30	Vixens	v	Sandyford	Willington	å	Astley A
Duty Night	7.30	Willington	v	Astley A	Newcastle Storm	&	Team Coast
Willington	8.30	Newcastle Storm	v	Team Coast	Vixens	&	Sandyford
03/12/2018	6.30	Seatonians D	v	Sandyford	7 Four 7	&	Astley A
Duty Night	7.30	Gosforth A	v	Tynemouth	Seatonians D	&	Sandyford
Seatonians	8.30	7 Four 7	v	Astley A	Gosforth A	&	Tynemouth
10/12/2018	6.30	Willington	v	Seatonians D	Newcastle Storm	&	Vixens
Duty Night	7.30	Gosforth A	v	Team Coast	Willington	&	Seatonians D
Gosforth	8.30	Newcastle Storm	v	Vixens	Gosforth A	&	Team Coast
14/01/2019	6.30	Tynemouth	v	Team Coast	Vixens	&	Astley A
Duty Night	7.30	7 Four 7	v	Sandyford	Tynemouth	&	Team Coast
Sandyford	8.30	Vixens	v	Astley A	7 Four 7	&	Sandyford
21/01/2019	6.30	Willington	v	Tynemouth	Tynemouth	&	Seatonians D
Duty Night	7.30	Gosforth A	v	7 Four 7	, Willington	&	Newcastle Storm
Vixens	8.30	Newcastle Storm	v	Seatonians D	Gosforth A	&	7 Four 7
28/01/2019	6.30	Willington	v	Sandyford	TEAM Coast	&	Astley A
Duty Night	7.30	Vixens	v	, Team Coast	Willington	&	, Newcastle Storm
Concordia	8.30	Newcastle Storm	v	Astley A	Vixens	&	Sandyford
04/02/2019	6.30	Seatonians D	v	Astley A	Gosforth A	&	Sandyford
Duty Night	7.30	7 Four 7	v	Tynemouth	Seatonians D	&	Ástley A
Tynemouth	8.30	Gosforth A	v	, Sandyford	7 Four 7	å	, Tynemouth
11/02/2019	6.30	Seatonians D	v	, Team Coast	Vixens	å	Gosforth A
Duty Night	7.30	Vixens	v	Gosforth A	Willington	å	Newcastle Storm
Coast/Storm	8.30	Willington	v	Newc. Storm	Seatonians D	å	Team Coast

Division 3R (Thursday)

		MATCHES		UMPIRES			
27/09/2018	6.30	Westgate	v	Team Sunderland	NESLC	&	Jesmond
Duty Night	7.30	NT Unison	v	Novos A	Westgate	&	Team Sunderland
P&G	8.30	NESLC	v	Jesmond	NT Unison	&	Novos A
04/10/2018	6.30	Denton Park A	v	NT Unison	Stanley Thunder	&	Jesmond
Duty Night	7.30	Burnside A	v	N Police B	Denton Park A	&	NT Unison
Womble	8.30	Stanley Thunder	v	Jesmond	Burnside A	&	N Police B
11/10/2018	6.30	Novos A	v	NESLC	Stanley Thunder	&	Team Sunderland
Duty Night	7.30	Westgate	v	N Police B	Novos A	&	NESLC
Westgate	8.30	Stanley Thunder	v	Team Sunderland	Westgate	&	N Police B
18/10/2018	6.30	Burnside A	v	NT Unison	Denton Park A	&	Westgate
Duty Night	7.30	Jesmond	v	Team Sunderland	Burnside A	&	NT Unison
TEAM S'land	8.30	Denton Park A	v	Westgate	Jesmond	&	Team Sunderland
25/10/2018	6.30	NESLC	٧	Burnside A	Novos A	&	Denton Park A
Duty Night	7.30	Stanley Thunder	v	N Police B	NESLC	&	Burnside A
EY	8.30	Novos A	v	Denton Park A	Stanley Thunder	&	N Police B
08/11/2018	6.30	Jesmond	v	Westgate	Novos A	&	N Police B
Duty Night	7.30	NESLC	v	NT Unison	Jesmond	&	Westgate
Angels	8.30	Novos A	v	N Police B	NESLC	&	NT Unison
15/11/2018	6.30	Denton Park A	v	Team Sunderland	Burnside A	&	Jesmond
Duty Night	7.30	Stanley Thunder	v	NT Unison	Denton Park A	&	Team Sunderland
Stanley Thunder	8.30	Burnside A	v	Jesmond	Stanley Thunder	&	NT Unison
22/11/2018	6.30	Novos A	v	Westgate	NESLC	&	Team Sunderland
Duty Night	7.30	Stanley Thunder	v	Denton Park A	Novos A	&	Westgate
Denton Park	8.30	NESLC	v	Team Sunderland	Stanley Thunder	&	Denton Park A
29/11/2018	6.30	N Police B	v	Jesmond	NT Unison	&	Westgate
Duty Night	7.30	Burnside A	v	Team Sunderland	N Police B	&	Jesmond
Gateshead	8.30	NT Unison	v	Westgate	Burnside A	&	Team Sunderland
06/12/2018	6.30	Novos A	v	Burnside A	N Police B	&	Denton Park A
Duty Night	7.30	Stanley Thunder	v	NESLC	Novos A	&	Burnside A
NESLC	8.30	N Police B	v	Denton Park A	Stanley Thunder	&	NESLC
17/01/2019	6.30	NESLC	v	Westgate	Jesmond	&	Denton Park A
Duty Night	7.30	NT Unison	v	Team Sunderland	NESLC	&	Westgate
Riverside	8.30	Jesmond	v	Denton Park A	NT Unison	&	Team Sunderland
24/01/2019	6.30	N Police B	v	NESLC	Novos A	&	Jesmond
Duty Night	7.30	Stanley Thunder	v	Burnside A	N Police B	&	NESLC
Burnside	8.30	Novos A	v	Jesmond	Stanley Thunder	&	Burnside A
31/01/2019	6.30	NESLC	v	Denton Park A	Stanley Thunder	&	Westgate
Duty Night	7.30	Novos A	v	Team Sunderland	NESLC	&	Denton Park A
Alexandra	8.30	Stanley Thunder	v	Westgate	Novos A	&	Team Sunderland
07/02/2019	6.30	Burnside A	v	Westgate	N Police B	&	Team Sunderland
Duty Night	7.30	NT Unison	v	Jesmond	Burnside A	&	Westgate
Jesmond	8.30	N Police B	v	Team Sunderland	NT Unison	&	Jesmond
14/02/2019	6.30	Novos A	v	Stanley Thunder	Burnside A	&	Denton Park A
Duty Night	7.30	NT Unison	v	N Police B	Novos A	&	Stanley Thunder
N Police	8.30	Burnside A	v	Denton Park A	NT Unison	&	N Police B

Division 4L (Wednesday)

	MATCHES			HES	UMPIRES			
26/09/2018	6.30	KATS	v	Seatonians E	Great Park Blacks	&	Riverside E	
Duty Night	7.30	Seaton Burn	v	Wearside Wildcats	KATS	&	Seatonians E	
W. Wildcats	8.30	Great Park Blacks	v	Riverside E	Seaton Burn	&	Wearside Wildcats	
03/10/2018	6.30	Fusion	v	Riverside E	Sage	&	Beacon B	
Duty Night	7.30	Gosforth B	v	Seaton Burn	Fusion	&	Riverside E	
Seaton Burn	8.30	Sage	v	Beacon B	Gosforth B	&	Seaton Burn	
10/10/2018	6.30	Seatonians E	v	Wearside Wildcats	Fusion	&	KATS	
Duty Night	7.30	Gosforth B	v	Great Park Blacks	Seatonians E	&	Wearside Wildcats	
Tigers	8.30	Fusion	v	KATS	Gosforth B	&	Great Park Blacks	
17/10/2018	6.30	Beacon B	v	Seatonians E	Sage	&	Seaton Burn	
Duty Night	7.30	Riverside E	v	KATS	Beacon B	&	Seatonians E	
Seatonians	8.30	Sage	v	Seaton Burn	Riverside E	&	КАТЅ	
24/10/2018	6.30	Fusion	v	Beacon B	Gosforth B	&	Wearside Wildcats	
Duty Night	7.30	Great Park Blacks	v	Sage	Fusion	&	Beacon B	
Sage	8.30	Gosforth B	v	Wearside Wildcats	Great Park Blacks	&	Sage	
07/11/2018	6.30	Riverside E	v	Seatonians E	KATS	&	Wearside Wildcats	
Duty Night	7.30	Great Park Blacks	v	Seaton Burn	Riverside E	&	Seatonians E	
Stadium	8.30	KATS	v	Wearside Wildcats	Great Park Blacks	&	Seaton Burn	
14/11/2018	6.30	Gosforth B	v	Beacon B	Sage	&	Seaton Burn	
Duty Night	7.30	Fusion	v	Seaton Burn	Riverside E	&	Beacon B	
Fusion	8.30	Sage	v	Riverside E	Fusion	&	Gosforth B	
21/11/2018	6.30	Great Park Blacks	v	KATS	Fusion	&	Wearside Wildcats	
Duty Night	7.30	Gosforth B	v	Seatonians E	Great Park Blacks	&	КАТЅ	
Medics	8.30	Fusion	v	Wearside Wildcats	Gosforth B	&	Seatonians E	
28/11/2018	6.30	Sage	v	KATS	Seaton Burn	&	Seatonians E	
Duty Night	7.30	Beacon B	v	Riverside E	Sage	&	КАТЅ	
Great Park	8.30	Seaton Burn	v	Seatonians E	Beacon B	&	Riverside E	
05/12/2018	6.30	Fusion	v	Great Park Blacks	Gosforth B	&	Sage	
Duty Night	7.30	Beacon B	v	Wearside Wildcats	Fusion	&	Great Park Blacks	
Ryton	8.30	Gosforth B	v	Sage	Beacon B	&	Wearside Wildcats	
16/01/2019	6.30	Riverside E	v	Wearside Wildcats	Great Park Blacks	&	Seatonians E	
Duty Night	7.30	Seaton Burn	v	KATS	Riverside E	&	Wearside Wildcats	
KATS	8.30	Great Park Blacks	v	Seatonians E	Seaton Burn	&	KATS	
23/01/2019	6.30	Gosforth B	v	Riverside E	Beacon B	&	Seaton Burn	
Duty Night	7.30	Fusion	v	Sage	Gosforth B	&	Riverside E	
Beacon	8.30	Beacon B	v	Seaton Burn	Fusion	&	Sage	
30/01/2019	6.30	Great Park Blacks	v	Wearside Wildcats	Fusion	&	Seatonians E	
Duty Night	7.30	Gosforth B	v	KATS	Great Park Blacks	&	Wearside Wildcats	
Northern Stars	8.30	Fusion	v	Seatonians E	Gosforth B	&	KATS	
06/02/2019	6.30	Sage	v	Seatonians E	Seaton Burn	&	Riverside E	
Duty Night	7.30	Beacon B	v	KATS	Sage	&	Seatonians E	
Riverside	8.30	Seaton Burn	v	Riverside E	Beacon B	&	KATS	
13/02/2019	6.30	Great Park Blacks	v	Beacon B	Gosforth B	&	Fusion	
Duty Night	7.30	Sage	v	Wearside Wildcats	Great Park Blacks	&	Beacon B	
Seatonians	8.30	Gosforth B	v	Fusion	Sage	&	Wearside Wildcats	

Division 4R (Tuesday)

		MATCHES			UMPIRES			
25/09/2018	6.30	Riverside F	v	Novos B	Greencroft C	&	Great Park Blues	
Duty Night	7.30	Stadium D	v	Chopwell	Riverside F	&	Novos B	
Stadium	8.30	Greencroft C	v	Great Park Blues	Stadium D	&	Chopwell	
02/10/2018	6.30	Astley B	v	Greencroft C	Durham Palatinates	&	Freeman Knights	
Duty Night	7.30	PWC	v	Great Park Blues	Astley B	&	Greencroft C	
Great Park	8.30	Durham Palatinates	v	Freeman Knights	PWC	&	Great Park Blues	
09/10/2018	6.30	Chopwell	v	Novos B	Astley B	&	Durham Palatinates	
Duty Night	7.30	PWC	v	Stadium D	Chopwell	&	Novos B	
PWC	8.30	Astley B	v	Durham Palatinates	PWC	å	Stadium D	
16/10/2018	6.30	Durham Palatinates	v	Riverside F	Great Park Blues	&	Stadium D	
Duty Night	7.30	Freeman Knights	v	Chopwell	Durham Palatinates	&	Riverside F	
Freeman	8.30	Great Park Blues	v	Stadium D	Freeman Knights	å	Chopwell	
23/10/2018	6.30	PWC	v	Freeman Knights	Astley B	&	Novos B	
Duty Night	7.30	Durham Palatinates	v	Greencroft C	PWC	&	Freeman Knights	
Palatinates	8.30	Astley B	v	Novos B	Durham Palatinates	å	Greencroft C	
06/11/2018	6.30	Great Park Blues	v	Chopwell	Stadium D	&	Novos B	
Duty Night	7.30	Greencroft C	v	Riverside F	Great Park Blues	&	Chopwell	
Greencroft	8.30	Stadium D	v	Novos B	Greencroft C	&	Riverside F	
13/11/2018	6.30	Astley B	v	Freeman Knights	Durham Palatinates	&	Great Park Blues	
Duty Night	7.30	PWC	v	Riverside F	Astley B	&	Freeman Knights	
Riverside	8.30	Durham Palatinates	v	Great Park Blues	PWC	&	Riverside F	
20/11/2018	6.30	Greencroft C	v	Stadium D	PWC	&	Novos B	
Duty Night	7.30	Riverside F	v	Chopwell	Greencroft C	&	Stadium D	
Chopwell	8.30	PWC	v	Novos B	Riverside F	&	Chopwell	
27/11/2018	6.30	Durham Palatinates	v	Stadium D	Astley B	å	Chopwell	
Duty Night	7.30	Freeman Knights	v	Great Park Blues	Durham Palatinates	&	Stadium D	
Palatinates/Riv.F	8.30	Astley B	v	Chopwell	Freeman Knights	&	Great Park Blues	
04/12/2018	6.30	PWC	v	Greencroft C	Riverside F	&	Astley B	
Duty Night	7.30	Freeman Knights	v	Novos B	PWC	&	Greencroft C	
Novos	8.30	Riverside F	v	Astley B	Freeman Knights	&	Novos B	
15/01/2019	6.30	Great Park Blues	v	Novos B	Greencroft C	å	Chopwell	
Duty Night	7.30	Riverside F	v	Stadium D	Great Park Blues	&	Novos B	
Gt Pk/G'croft	8.30	Greencroft C	v	Chopwell	Riverside F	&	Stadium D	
22/01/2019	6.30	Astley B	v	Great Park Blues	Freeman Knights	&	Riverside F	
Duty Night	7.30	Durham Palatinates	v	PWC	Astley B	&	Great Park Blues	
Astley/Freeman	8.30	Freeman Knights	v	Riverside F	Durham Palatinates	&	PWC	
29/01/2019	6.30	Greencroft C	v	Novos B	PWC	&	Chopwell	
Duty Night	7.30	Astley B	v	Stadium D	Greencroft C	&	Novos B	
Astley	8.30	PWC	v	Chopwell	Astley B	&	Stadium D	
05/02/2019	6.30	Durham Palatinates	v	Chopwell	Freeman Knights	&	Stadium D	
Duty Night	7.30	Riverside F	v	Great Park Blues	Durham Palatinates	&	Chopwell	
Chopwell/Stad.	8.30	Freeman Knights	v	Stadium D	Riverside F	&	Great Park Blues	
12/02/2019	6.30	Greencroft C	v	Freeman Knights	Astley B	&	PWC	
Duty Night	7.30	Durham Palatinates	v	Novos B	Greencroft C	&	Freeman Knights	
Novos / PWC	8.30	Astley B	v	PWC	Durham Palatinates	&	Novos B	

Division 5L (Thursday)

		MATCHES		UMPIRES			
27/09/2018	6.30	Seatonians G	v	Stadium E	Riverside G	å	Womble
Duty Night	7.30	Proctor and Gamble	v	Burnside B	Seatonians G	&	Stadium E
P&G	8.30	Riverside G	v	Womble	Proctor and Gamble	&	Burnside B
04/10/2018	6.30	Gateshead Angels	v	EY	Gateshead B	&	Burnside B
Duty Night	7.30	Seatonians G	v	Womble	Gateshead Angels	&	EY
Womble	8.30	Gateshead B	v	Burnside B	Seatonians G	&	Womble
11/10/2018	6.30	Stadium E	v	Womble	Proctor and Gamble	&	ЕУ
Duty Night	7.30	Riverside G	v	Gateshead Angels	Stadium E	&	Womble
Westgate	8.30	Proctor and Gamble	v	EY	Riverside G	&	Gateshead Angels
18/10/2018	6.30	Seatonians G	v	Gateshead Angels	Gateshead B	å	ЕУ
Duty Night	7.30	Proctor and Gamble	v	Riverside G	Seatonians G	&	Gateshead Angels
TEAM							-
Sunderland	8.30	Gateshead B	v	EY	Proctor and Gamble	&	Riverside G
25/10/2018	6.30	Gateshead B	v	Riverside G	Stadium E	å	Gateshead Angels
Duty Night	7.30	Burnside B	v	EY	Gateshead B	&	Riverside G
EY	8.30	Stadium E	v	Gateshead Angels	Burnside B	å	ЕУ
08/11/2018	6.30	Seatonians G	v	Proctor and Gamble	Burnside B	&	Riverside G
Duty Night	7.30	Womble	v	Gateshead Angels	Seatonians G	å	Proctor and Gamble
G. Angels	8.30	Burnside B	v	Riverside G	Womble	å	Gateshead Angels
15/11/2018	6.30	EY	v	Riverside G	Gateshead B	&	Seatonians G
Duty Night	7.30	Stadium E	v	Proctor and Gamble	EY	&	Riverside G
Stanley Thunder	8.30	Gateshead B	v	Seatonians G	Stadium E	å	Proctor and Gamble
22/11/2018	6.30	Womble	v	Proctor and Gamble	Stadium E	&	Gateshead B
Duty Night	7.30	Burnside B	v	Seatonians G	Womble	å	Proctor and Gamble
Denton Park	8.30	Stadium E	v	Gateshead B	Burnside B	&	Seatonians G
29/11/2018	6.30	EY	v	Seatonians G	Gateshead Angels	å	Proctor and Gamble
Duty Night	7.30	Womble	v	Gateshead B	EY	&	Seatonians G
Gateshead	8.30	Gateshead Angels	v	Proctor and Gamble	Womble	&	Gateshead B
06/12/2018	6.30						
Duty Night	7.30						
NESLC	8.30						
17/01/2019	6.30						
Duty Night	7.30						
Riverside	8.30						
24/01/2019	6.30	Gateshead Angels	v	Gateshead B	Burnside B	å	Stadium E
Duty Night	7.30	Riverside G	v	Seatonians G	Gateshead Angels	&	Gateshead B
Burnside	8.30	Burnside B	v	Stadium E	Riverside G	&	Seatonians G
31/01/2019	6.30	Proctor and Gamble	v	Gateshead B	EY	å	Stadium E
Duty Night	7.30	Womble	v	Burnside B	Proctor and Gamble	۵ ۵	Gateshead B
Alexandra	8.30	EY	v	Stadium E	Womble	&	Burnside B
07/02/2019	6.30	Gateshead Angels	v	Burnside B	EY	å	Womble
Duty Night	7.30	Riverside G	v	Stadium E	Gateshead Angels	&	Burnside B
Jesmond	8.30	EY	v	Womble	Riverside G	&	Stadium E
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Division 5R (Monday)

		MATCHES			UMPIRES			
24/09/2018	6.30	GALS	v	Prudhoe B	Blue Flames	&	Seatonians F	
Duty Night	7.30	Tigers B	v	Concordia B	GALS	&	Prudhoe B	
Astley	8.30	Blue Flames	v	Seatonians F	Tigers B	&	Concordia B	
01/10/2018	6.30	Cobalt Vixens	v	Tigers C	Denton Park B	&	Concordia B	
Duty Night	7.30	GALS	v	Seatonians F	Cobalt Vixens	&	Tigers C	
GALS	8.30	Denton Park B	v	Concordia B	GALS	&	Seatonians F	
08/10/2018	6.30	Prudhoe B	v	Seatonians F	Tigers B	&	Cobalt Vixens	
Duty Night	7.30	Blue Flames	v	Cobalt Vixens	Tigers C	&	Seatonians F	
Cobalt Vixens	8.30	Tigers B	v	Tigers C	Blue Flames	&	Prudhoe B	
15/10/2018	6.30	Tigers B	v	Blue Flames	GALS	&	Denton Park B	
Duty Night	7.30	Denton Park B	v	Tigers C	Cobalt Vixens	&	Blue Flames	
Tigers	8.30	GALS	v	Cobalt Vixens	Tigers B	&	Tigers C	
22/10/2018	6.30	Concordia B	v	Tigers C	Prudhoe B	&	Cobalt Vixens	
Duty Night	7.30	Denton Park B	v	Blue Flames	Concordia B	&	Tigers C	
Blue Flames	8.30	Prudhoe B	v	Cobalt Vixens	Denton Park B	&	Blue Flames	
12/11/2018	6.30	GALS	v	Tigers B	Concordia B	&	Blue Flames	
Duty Night	7.30	Seatonians F	v	Cobalt Vixens	GALS	&	Tigers B	
7 Four 7	8.30	Concordia B	v	Blue Flames	Seatonians F	&	Cobalt Vixens	
19/11/2018	6.30	Tigers C	v	Blue Flames	Denton Park B	&	GALS	
Duty Night	7.30	Prudhoe B	v	Tigers B	Tigers C	&	Blue Flames	
Prudhoe	8.30	Denton Park B	v	GALS	Prudhoe B	&	Tigers B	
26/11/2018	6.30	Prudhoe B	v	Denton Park B	Seatonians F	&	Tigers B	
Duty Night	7.30	Concordia B	v	GALS	Prudhoe B	&	Denton Park B	
Willington	8.30	Seatonians F	v	Tigers B	Concordia B	&	GALS	
03/12/2018	6.30	Cobalt Vixens	v	Tigers B	GALS	&	Denton Park B	
Duty Night	7.30	Tigers C	v	GALS	Cobalt Vixens	&	Seatonians F	
Seatonians	8.30	Seatonians F	v	Denton Park B	Tigers C	&	Tigers B	
10/12/2018								
14/01/2019								
21/01/2019	6.30	Blue Flames	v	GALS	Concordia B	&	Prudhoe B	
Duty Night	7.30	Cobalt Vixens	v	Denton Park B	Blue Flames	&	GALS	
Vixens	8.30	Concordia B	v	Prudhoe B	Cobalt Vixens	&	Denton Park B	
28/01/2019	6.30	Tigers B	v	Denton Park B	Concordia B	&	Prudhoe B	
Duty Night	7.30	Seatonians F	v	Concordia B	Tigers B	&	Tigers C	
Concordia	8.30	Tigers C	v	Prudhoe B	Seatonians F	&	Denton Park B	
04/02/2019	6.30	Cobalt Vixens	v	Concordia B	Tigers C	&	Seatonians F	
Duty Night	7.30	Blue Flames	v	Prudhoe B	Cobalt Vixens	&	Concordia B	
Tynemouth	8.30	Tigers C	v	Seatonians F	Blue Flames	&	Prudhoe B	

Division 6 (Wednesday)

		MATCHES			UMPIRES			
26/09/2018	6.30	Northern Stars	v	Great Park Greens	Tigers E	&	Tigers D	
Duty Night	7.30	Riverside H	v	Ryton	Northern Stars	&	Great Park Greens	
W. Wildcats	8.30	Tigers E	v	Tigers D	Riverside H	&	Ryton	
03/10/2018	6.30	Medics	v	Tigers D	Greencroft D	&	Great Park Whites	
Duty Night	7.30	Beacon C	v	Riverside H	Medics	&	Tigers D	
Seaton Burn	8.30	Greencroft D	v	Great Park Whites	Beacon C	&	Riverside H	
10/10/2018	6.30	Great Park Greens	v	Ryton	Medics	&	Northern Stars	
Duty Night	7.30	Beacon C	v	Tigers E	Great Park Greens	&	Ryton	
Tigers	8.30	Medics	v	Northern Stars	Beacon C	&	Tigers E	
17/10/2018	6.30	Great Park Whites	v	Great Park Greens	Greencroft D	&	Riverside H	
Duty Night	7.30	Tigers D	v	Northern Stars	Great Park Whites	&	Great Park Greens	
Seatonians	8.30	Greencroft D	v	Riverside H	Tigers D	&	Northern Stars	
24/10/2018	6.30	Medics	v	Great Park Whites	Beacon C	&	Ryton	
Duty Night	7.30	Tigers E	v	Greencroft D	Medics	&	Great Park Whites	
Sage	8.30	Beacon C	v	Ryton	Tigers E	&	Greencroft D	
07/11/2018	6.30	Tigers D	v	Great Park Greens	Northern Stars	&	Ryton	
Duty Night	7.30	Tigers E	v	Riverside H	Tigers D	&	Great Park Greens	
Stadium	8.30	Northern Stars	v	Ryton	Tigers E	&	Riverside H	
14/11/2018	6.30	Beacon C	v	, Great Park Whites	Greencroft D	&	Tigers D	
Duty Night	7.30	Medics	v	Riverside H	Beacon C	&	Great Park Whites	
Fusion	8.30	Greencroft D	v	Tigers D	Medics	&	Riverside H	
21/11/2018	6.30	Tigers E	v	Northern Stars	Beacon C	&	Great Park Greens	
Duty Night	7.30	Medics	v	Ryton	Tigers E	&	Northern Stars	
Medics	8.30	Beacon C	v	, Great Park Greens	Medics	&	Ryton	
28/11/2018	6.30	Greencroft D	v	Northern Stars	Riverside H	&	Great Park Greens	
Duty Night	7.30	Great Park Whites	v	Tigers D	Greencroft D	&	Northern Stars	
Great Park	8.30	Riverside H	v	Great Park Greens	Great Park Whites	&	Tigers D	
05/12/2018	6.30	Medics	v	Tigers E	Beacon C	&	Greencroft D	
Duty Night	7.30	Great Park Whites	v	Ryton	Medics	&	Tigers E	
Ryton	8.30	Beacon C	v	Greencroft D	Great Park Whites	&	Ryton	
16/01/2019	6.30	Tigers D	v	Ryton	Tigers E	&	Great Park Greens	
Duty Night	7.30	Riverside H	v	Northern Stars	Tigers D	&	Ryton	
KATS	8.30	Tigers E	v	Great Park Greens	Riverside H	&	Northern Stars	
23/01/2019	6.30	Beacon C	v	Tigers D	Great Park Whites	&	Riverside H	
Duty Night	7.30	Medics	v	Greencroft D	Beacon C	&	Tigers D	
Beacon	8.30	Great Park Whites	v	Riverside H	Medics	&	Greencroft D	
30/01/2019	6.30	Tigers E	v	Ryton	Medics	&	Great Park Greens	
Duty Night	7.30	Beacon C	v	Northern Stars	Tigers E	&	Ryton	
Northern Stars	8.30	Medics	v	Great Park Greens	Beacon C	&	Northern Stars	
06/02/2019	6.30	Greencroft D	v	Great Park Greens	Great Park Whites	&	Northern Stars	
Duty Night	7.30	Riverside H	v	Tigers D	Greencroft D	&	Great Park Greens	
Riverside	8.30	Great Park Whites	v	Northern Stars	Riverside H	&	Tigers D	
13/02/2019	6.30	Tigers E	v	Great Park Whites	Beacon C	&	Medics	
Duty Night	7.30	Greencroft D	v	Ryton	Tigers E	&	Great Park Whites	
Seatonians	8.30	Beacon C	v	Medics	Greencroft D	&	Ryton	

Notes



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