

Coaching report 2019/20

1. Support for coaches completing EN coaching awards

A total of 8 coaches were supported through EN coaching qualifications

2. Coach Development Programme

Due to a lack of history of coach development culture within netball and lack of EN coach development opportunities available outside of formal coach education, we implemented a coach development programme with the following aims:

- Create enthusiasm for coach development opportunities among coaches within the county
- Bring coaches together on a regular basis
- Improve coaching knowledge and skills through a programme of F2F events
- Provoke an interest in coaching among current non-coaches

The programme took place September-June with monthly events at Eagles world-class facility. As the results of the coach development survey showed 'Interactive workshop' & 'observing coaches' were the top answers for type of session we based the programme on this type of face to face session - 2½ hour sessions combining classroom with practical observation. Players were recruited to join in practical to allow coaches to observe!

£5 per person charge (subsidised by county)

The following sessions took place:

Date	Topic	Attendees
September 2019	Attacking Principles	14
October 2019	Types of practice	4 booked on [cancelled due to low numbers]
November 2019	Types of practice	5
January 2020	Motivating environment	3 booked on [cancelled due to low numbers]
February 2020	Motivating environment	5

Due to COVID-19, we switched to FREE webinars from April-June

April 2020	Motivating environment	10
May 2020	Practice makes perfect	9
June 2020	Whats the plan	10

Successes:

Coach development sessions:

- Attracted people from different clubs within the county
- Attracted people from netball outside the county - Northumberland, North Durham and as far as Liverpool!
- Attracted people from other sports (football)
- Attracted experienced, high profile and high level coaches from the county
- Attracted non-qualified coaches, current non-coaches players and parents
- Some people kept coming back!
- Feedback from people attending sessions was positive (some examples below):

Thank you! Looking forward to the next one. This session has given me the confidence to persist with the gamesense tasks, even though it is hard and sometimes doesn't look like they are 'getting it'!

Thank you found the webinar really informative and look forward to next one thanks!

Thanks, I have learned lots of new things to go away and think about.

Thanks for the session! keeping me motivated to sticking with the gamesense and challenging myself to be creative and adaptive.

I found the stuff about autonomy really useful 😊

thank you....very useful and good to talk.

Thank you so much, the ego mastery thing makes a lot of sense and helps me understand why some of the girls react the way they do

Thanks very much, some really useful and interesting points to think about.

Thanks, some great info and can't wait for the next one :)

Next steps for 2020/21:

Gather feedback from people who attended sessions - what worked and what didn't / what do people want to see more or less of?

Gather feedback from those who did not attend - why not? What are the barriers? What would attract more people?

Explore different methods, modes, platforms etc to make coach learning more accessible