

| | | Division 3R | | | |
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| | | Court 3 | | | |
| Thursday | | MATCHES | | UMPIRES | |
| | | Home | | Away | |
| 14/03/2024 | 6.30 | Freeman Knights | v | NESLC | Police A & Stadium C |
| Duty Night | 7.30 | Stanley Thunder | v | Jesmond Black | Freeman Knights & NESLC |
| Great Park - Stadium | 8.30 | Police A | v | Stadium C | Stanley Thunder & Jesmond Black |
| 21/03/2024 | 6.30 | Medics A | v | Stanley Thunder | Prudhoe A & Seatonians D |
| Duty Night | 7.30 | Riverside E | v | Freeman Knights | Medics A & Stanley Thunder |
| Greencroft - Prudhoe | 8.30 | Prudhoe A | v | Seatonians D | Riverside E & Freeman Knights |
| 28/03/2024 | 6.30 | Riverside E | v | Jesmond Black | Police A & Medics A |
| Duty Night | 7.30 | Stadium C | v | NESLC | Riverside E & Jesmond Black |
| Riverside - Medics | 8.30 | Police A | v | Medics A | Stadium C & NESLC |
| 18/04/2024 | 6.30 | Seatonians D | v | Stadium C | Stanley Thunder & Police A |
| Duty Night | 7.30 | Prudhoe A | v | Freeman Knights | Seatonians D & Stadium C |
| Seatonians - Police | 8.30 | Stanley Thunder | v | Police A | Prudhoe A & Freeman Knights |
| 25/04/2024 | 6.30 | Jesmond Black | v | Prudhoe A | NESLC & Riverside E |
| Duty Night | 7.30 | Medics A | v | Seatonians D | Jesmond Black & Prudhoe A |
| Jesmond - NESLC | 8.30 | NESLC | v | Riverside E | Medics A & Seatonians D |
| 02/05/2024 | 6.30 | Jesmond Black | v | Freeman Knights | Police A & NESLC |
| Duty Night | 7.30 | Stanley Thunder | v | Stadium C | Jesmond Black & Freeman Knights |
| Gateshead - Beacon | 8.30 | Police A | v | NESLC | Stanley Thunder & Stadium C |
| 09/05/2024 | 6.30 | Riverside E | v | Prudhoe A | Medics A & Jesmond Black |
| Duty Night | 7.30 | NESLC | v | Seatonians D | Riverside E & Prudhoe A |
| Astley - Newcastle C. | 8.30 | Medics A | v | Jesmond Black | NESLC & Seatonians D |
| 16/05/2024 | 6.30 | Prudhoe A | v | Stadium C | Seatonians D & Police A |
| Duty Night | 7.30 | Freeman Knights | v | Stanley Thunder | Prudhoe A & Stadium C |
| Greencroft - Riverside | 8.30 | Seatonians D | v | Police A | Freeman Knights & Stanley Thunder |
| 23/05/2024 | 6.30 | NESLC | v | Medics A | Jesmond Black & Police A |
| Duty Night | 7.30 | Stadium C | v | Riverside E | NESLC & Medics A |
| NESLC - Jesmond | 8.30 | Jesmond Black | v | Police A | Stadium C & Riverside E |
| 06/06/2024 | 6.30 | Riverside E | v | Stanley Thunder | Seatonians D & Freeman Knights |
| Duty Night | 7.30 | Medics A | v | Prudhoe A | Riverside E & Stanley Thunder |
| Novos - Freeman | 8.30 | Seatonians D | v | Freeman Knights | Medics A & Prudhoe A |
| 13/06/2024 | 6.30 | Stanley Thunder | v | NESLC | Freeman Knights & Police A |
| Duty Night | 7.30 | Stadium C | v | Jesmond Black | Stanley Thunder & NESLC |
| Stanley - Seatonians | 8.30 | Freeman Knights | v | Police A | Stadium C & Jesmond Black |
| 20/06/2024 | 6.30 | NESLC | v | Prudhoe A | Jesmond Black & Seatonians D |
| Duty Night | 7.30 | Riverside E | v | Medics A | NESLC & Prudhoe A |
| Prudhoe - Jesmond | 8.30 | Jesmond Black | v | Seatonians D | Riverside E & Medics A |
| 27/06/2024 | 6.30 | Stadium C | v | Medics A | Police A & Riverside E |
| Duty Night | 7.30 | Prudhoe A | v | Stanley Thunder | Stadium C & Medics A |
| Greencroft | 8.30 | Police A | v | Riverside E | Prudhoe A & Stanley Thunder |
| 04/07/2024 | 6.30 | Seatonians D | v | Stanley Thunder | Medics A & Freeman Knights |
| Duty Night | 7.30 | NESLC | v | Jesmond Black | Seatonians D & Stanley Thunder |
| Stanley - Medics | 8.30 | Medics A | v | Freeman Knights | NESLC & Jesmond Black |
| 11/07/2024 | 6.30 | Freeman Knights | v | Stadium C | Prudhoe A & Police A |
| Duty Night | 7.30 | Seatonians D | v | Riverside E | Freeman Knights & Stadium C |
| Freeman - Tigers | 8.30 | Prudhoe A | v | Police A | Seatonians D & Riverside E |